



There Is A Solution

Opening Script (Closed Meetings) Updated April 21, 2024

[Do not read any of the red instructions out loud]

Ask members to obtain the readings prior to the meeting: The latest version of this document, the AA Preamble, How It Works, The 12 Steps, and The 12 Traditions [when it is a Tradition meeting.] These and all readings can be found on our website at www.thereisasolution.ca

- 1) Please help us open the meeting with a moment of silence, followed by the Serenity Prayer. **(Here members read the Preamble, How It Works, the 12 Steps and 12 Traditions [when it is a Tradition meeting])**
- 2) Thank you for helping us open the meeting my name is _ and I am an alcoholic.
- 3) This is a closed meeting of Alcoholics Anonymous. In keeping with our singleness of purpose, attendance at a closed meeting is limited to people who have a desire to stop drinking.
- 4) AA's Seventh Tradition states: "Every AA group ought to be fully self-supporting, declining outside contributions." There Is A Solution now accepts e-Transfers to thereisasolutioncommittee@gmail.com



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5) If there are any newcomers or visitors to There Is a Solution, welcome!

Is anyone here for their first AA Meeting? **(If yes, have a newcomer meeting.)**

Finally, anyone requiring proof of attendance at this meeting, please keep your camera on the entire meeting and send a private chat message to the host with contact details or stay behind following the meeting.

6) Please add an “asterisk” before your name if you are a member of *There is a Solution Group* and are willing to act as a temporary sponsor.

7) If you are around people who are not members of AA, please wear headphones or head to a space where you can be alone.

8) Following are a few guidelines for the meeting:

- The chairperson will call on people to share.
- Turn off your video if you need to move around.
- Please mute your microphone when you are not the designated speaker.
- Please use the chat respectfully.
- Please be mindful of not using profanity during your share.
- It is this group’s conscience that if any person endangers another individual or disrupts the group’s efforts to carry A.A.’s message, the group may ask that person to leave the meeting.



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- Please keep your sharing brief so that everyone may have a chance to share. Meetings are 1 hour long.

**(except for the Big Book Study – Sunday 9:30 am)**

**(Read topic from AA approved literature and pass out for sharing.)**

### **Closing Script – (Closed Meetings)**

1) We recognize sobriety milestones here at *There is A Solution*:

- 1 - 6 days
- 1 to 3 weeks
- 1 to 11 months
- Number of years

Is anyone celebrating a sobriety milestone they would like recognized? **Wait for it...**

2) *There is a Solution* strongly believes in the primary purpose of carrying the message to the still suffering alcoholic, and sponsorship is a vital part of the program. Please speak to the chairperson after the meeting if you want to talk about getting a sponsor.

3) If you have 3 months of sobriety and are interested in chairing a meeting, please sign in 10 minutes prior to the meeting with a reading prepared or, speak to the host after the meeting if there are any questions.

4) We have Zoom meetings at 9:30 AM and 7:30 PM seven days a week.



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### 5) Please announce service opportunities and other meeting announcements listed below.

#### Announcements:

- If you wish to do outside service, There Is a Solution has members chairing at AFM and HSC - you do NOT need one year of sobriety as you will be joining someone with one year of sobriety. Contact info on our website under the 'Group Service Opportunity" tab.
- There Is a Solution Group now has a speaker meeting on the last Friday of the month at 7:30 pm. April Speaker is Misty. If you are interested in doing a speaker meeting and have 1 year of sobriety, please send an email to [thereisasolutioncommittee@gmail.com](mailto:thereisasolutioncommittee@gmail.com) , attention Steve.
- There are positions available for Grapevine reps. They meet the 3rd Monday of the month at 6pm. It is a hybrid meeting. 3 months of sobriety is required. Go to [aamanitoba.org](http://aamanitoba.org) for more information or contact Corinne.

### 6) Are there any more announcements for the good of A.A? (Wait...)

7) I am responsible, when anyone, anywhere, reaches out for help, I want the hand



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of AA always to be there.  
And for that I am  
responsible.

What you hear here,

Whom you see here,

Let it remain here,

When you leave here! [Group Response: "Hear, hear!"]

8) (Pick a prayer of your choice from the list below):

For those who would, please help me close this meeting with  
(Prayer Name).

- The Lord's Prayer
- Acceptance Prayer
- Third Step Prayer
- Seventh Step Prayer
- Tenth Step Prayer
- Saint Francis Prayer
- The Pirate's Prayer



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## **Saint Francis Prayer**

Lord, make me a channel of Thy peace;  
that where there is hatred,  
I may bring love;  
that where there is wrong,  
I may bring the spirit of forgiveness;  
that where there is discord,  
I may bring harmony;  
that where there is error,  
I may bring truth;  
that where there is doubt,  
I may bring faith;  
that where there is despair,  
I may bring hope;  
that where there are shadows,  
I may bring light;  
that where there is sadness,  
I may bring joy.

Lord, grant that I may seek rather to comfort,  
than to be comforted;  
to understand,  
than to be understood;  
to love,  
than to be loved.

For it is by self forgetting,  
that one finds.  
It is by forgiving,  
that one is forgiven.  
It is by dying,  
that one awakens to Eternal Life.

Amen.

## **The Lord's Prayer**

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.

Amen.

## **The Pirate's Prayer**

Whatever your race is,  
Or your colour or creed  
Whatever your faith is  
It's the same colour we bleed.  
So may Grace be your Harbour  
And Higher Power, your true north  
Let Faith be your Anchor  
And make Love your home port.



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## Acceptance Prayer

Acceptance is the answer to all my problems today.  
When I am disturbed, it is because  
I find some person, place, thing, or situation  
-some fact of my life-  
unacceptable to me,  
and I can find no serenity until I accept  
that person, place, thing, or situation  
as being exactly the way it is supposed to be  
at this moment.  
Nothing, absolutely nothing  
happens in God's world by mistake.  
Until I could accept my alcoholism,  
I could not stay sober;  
unless I accept life completely on life's terms,  
I cannot be happy.  
I need to concentrate  
not so much on what needs  
to be changed in the world  
as on what needs to be changed  
in me and in my attitude.

*Alcoholics Anonymous - Page 417*

## Third Step Prayer

God,  
I offer myself to Thee  
To build with me and to do with me as Thou wilt.  
Relieve me of the bondage of self,  
that I may better do Thy will.  
Take away my difficulties,  
that victory over them may bear witness  
to those I would help of Thy Power,  
Thy Love and Thy Way of Life.  
May I do Thy will always!

## Tenth Step Prayer

I pray I may continue:  
To grow in understanding and effectiveness;  
To take daily spot check inventories of myself;  
To correct mistakes when I make them;  
To take responsibility for my actions;  
To be ever aware of my negative and  
Self-defeating attitudes and behaviors;  
To keep my willfulness in check;  
To always remember I need Your help;  
To keep love & tolerance of others as my code; and  
To continue in daily prayer how I can best serve You,  
My Higher Power.