

AGENDA

**There Is A Solution
Group Conscience Meeting
May 30, 2026 at 9:30 am in the TIAS Zoom Room**

Chairperson: Kelsey S
Minutes: Michelle R
Attendance:

Opening of the Meeting
Reading of the Twelve Traditions.

1. Approval of the Minutes

MOTION: to approve the Minutes of the March 28, 2026 Group Conscience Meeting as posted on the TIAS website under the tab, “Group Conscience”.

2. Old Business / Follow Up

a. Big Book Study Format – Proposed Changes

A subcommittee of Members who regularly attend the Big Book Study have gone through the Big Book and made a Proposed Big Book Study Outline.

MOTION: To approve the Proposed Big Book Study Outline as posted on the TIAS website under the tab, “Big Book Study”.

b. Birthday Night

A proposed Birthday Night Script has been created,

MOTION: To approve the Proposed Birthday Night Script as posted on the TIAS website under the heading Meeting Scripts and in the tab named “Birthday Night Script.”

c. Meeting Script Changes

Changes to the Meeting Scripts have been made as per the last Group Conscience Meeting.

d. Change of District

There Is A Solution is now registered under District 11 as per the March 28/26 Group Conscience Meeting.

3. New Business

a. Adding an Alternate GSR position to the TIAS Committee

Assists the General Service Representative in carrying out their duties, learns the GSR position and then serves on the Committee as GSR when the current GSR's term is completed.

See the Position Description on the Website for further details.

MOTION: To add the position of Alternate GSR to the TIAS Committee as posted on the TIAS website under the tab, "Position Descriptions."

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4. Other Motions

5. Closing of the Meeting

MOTION to close the Meeting

Meeting adjournment

**A Solution
Group Conscience Meeting
Saturday, March 28, 2026 at 9:30 am on Zoom**

MINUTES

Chairperson: Kelsey S

Minutes: Michelle R

Attendance: 21 Members present at opening of the meeting, excluding the Chairperson.

Kelsey S opened the meeting at 9:30 am with a moment of silence followed by the Serenity Prayer.

Steve U read the Twelve Traditions.

1. Approval of the Minutes

MOTION to approve that Minutes of the December 6, 2025 Group Conscience Meeting as posted on the TIAS website.

Moved: Jeff H Seconded: Kurt B

12 in favour 0 opposed 0 abstained **Carried**

MOTION to approve that Minutes of the January 5, 2026 Special Meeting as posted on the TIAS website.

Moved: Steve U Seconded: Jeff H

14 in favour 0 opposed 0 abstained **Carried**

2. Follow-up Information from the committee / Old Business

From the Dec 6/25 Group Conscience Meeting:

Motion: Minimum amount in the Prudent Reserve increased to \$750.

Outcomes:

- TIAS has reached the voted upon amount for the Prudent Reserve of \$750.
- TIAS can contribute to the 4 Arms of service (25% each arm, on the quarterly schedule determined by the Membership previously – March, June, Sept. and Dec, 15th).

Motion To suggest to Members that they contact the committee by email with their questions comments and concerns.

Outcome:

- An announcement has been amended to reflect this.

From the Jan. 5/26 Special Meeting

- GSR has been elected to the committee – Misty G.

3. Big Book Study

MOTION to create a sub-committee of 3-5 Members, who regularly attend the Big Book Study, that can take on the task of changing the format of the Sunday Big Book Study.

Moved: Michelle R Seconded: Patrick D

How will it be changed? Condensed readings for each meeting. Agreed that it's too long. Could look at a paragraph at a time and then discuss. Michelle R willing to head up the sub committee. An announcement could then be put to the Membership asking for members of the subcommittee (up to 5)

15 in favour 0 opposed 2 abstained **Carried**

4. Birthday Night

MOTION to introduce a once monthly Virtual Birthday Night Celebration on the last Saturday of each month.

Moved: Misty G Seconded: Kurt B

Agree. Is there any conflict with any other group? Are there people ready to step in to organize it? Jeff H. willing to take on the responsibility of organizing. Would Jeff become Birthday chairperson? What is format? We are starting with the question of whether or not Membership wants it first. When do we decide if there's a speaker for Birthday Night? The motion is whether we want a Birthday night; committee will determine details. We had Birthday night on zoom previously – approve of the motion. Medallions or cards are an expense.

16 in favour 1 opposed 1 abstained **Carried**

5. Meeting Script Changes

MOTION to add to the Meeting Scripts, a statement that reads, “If your background images might offend others, please blur your background on Zoom or turn your camera off.”

Moved: Patrick D Seconded: Misty G

How will it affect people who need to verify their attendance? Can blur background and still see face. Maybe remove “or turn your camera off” part of motion. If disturbance to meeting, camera has to be turned off anyway. This came about because a pornographic image was on the wall behind a Member-wouldn't do this in live meeting, this is a clubroom. Up to Members to have appropriate background. Key word in the motion is “or”- you can blur background or turn off camera. Could this not be handled personally rather than by a motion-some people not tech savvy. This is our AA clubroom – should be respectful – need a set a criteria that things are respectful. Instead of motion, people should have been told to leave. We have some newer hosts who often don't want to rock the boat or are hesitant to turn off video or say something. There's also inappropriate touching going on in meetings too. I'd feel reprimanded if told directly and may feel guilty for removing someone. Does this extend to photos on screen when camera is turned off? Reminder to add this line to Script. Helpful to have a group guideline rather than speaking out to a fellow member directly.

13 in favour 2 opposed 0 abstained **Carried**

MOTION to add a reminder to the Scripts that reads, “Please refrain from cross-talking to other Members.”

Moved: Skye P Seconded: Chet B

What is cross-talking? Does it include positive comments? ANY talking to another Member.

One AA definition is :Cross talk in Alcoholics Anonymous (AA) refers to direct, often unsolicited feedback, advice, or commentary directed at another member's share during a meeting, rather than addressing the group as a whole. It is generally discouraged to

maintain a safe, non-judgmental environment, allowing members to speak without interruption, criticism, or unwanted advice.” Sometimes Chairs comment on others’ shares. Does it include the use of “we should” or “you should” language during someone’s share? Comments on other people’s stuff is on me. Cross-talk means unwanted signals between people. Other groups make comments using “I” statements. Cross talk is a waste of time and disrespectful. Whatever definition is, we should include what cross-talk is in the Script.

15 in favour 1 opposed 2 abstained **Carried**

MOTION to remove the line in the Meeting Scripts that says, “Before we wrap up this meeting, does anyone have a burning desire to share that hasn’t gotten an opportunity to speak?”

Moved: Jeff H Seconded: Bobby

On occasion when we run out of time, people take the opportunity and sometimes take advantage of, sharing and the meeting will extend pass the one-hour time frame. Everyone that wants to, should share at the meeting and not identify yourself as listening and then wait until very last minute of the meeting to share. I put “listening” or the coffee emoji on when I’ve stepped away for a bit -what should I do when stepping away from meeting? One Member indicates “listening atm” and turns their camera off while away. When returned, they turn camera on and remove “listening”. Maybe we need a timer to reduce length of shares so everyone can share. Move to opening script, whomever has a desiring need, raise your hand and the Chairperson can call on them first. When you’re away, you can send a private chat message to the host to advise if you’re away for a while.

13 in favour 1 opposed 2 abstained **Carried**

6. Change of District

MOTION to change TIAS’s district from District 7 to District 11.

Moved: Heather L Seconded: Manny M

What’s the difference? District 7 more tailored to in-person meetings, District 11 tailored more to online meetings. More support for online meetings available in District 7.

14 in favour 0 opposed 1 abstained **Carried**

7. Other Motions

None

8. MOTION to close the meeting

Moved: Patrick D Seconded: Heather L

Kelsey S closed the meeting at 10:36 am with the Pirates Prayer.

**There Is A Solution
Upcoming Group Conscience Meeting
Saturday, March 28, 2026 at 9:30 am on Zoom**

AGENDA

9. Approval of the Minutes

MOTION to approve that Minutes of the December 6, 2025 Group Conscience Meeting as posted on the TIAS website.

MOTION to approve that Minutes of the January 5, 2026 Special Meeting as posted on the TIAS website.

10. Follow-up Information from the committee / Old Business

From the Dec 6/25 Group Conscience Meeting.

From the Jan. 5/26 Special Meeting.

11. Big Book Study

MOTION to create a sub-committee of 3-5 Members, who regularly attend the Big Book Study, that can take on the task of changing the format of the Sunday Big Book Study.

12. Birthday Night

MOTION to introduce a once monthly Virtual Birthday Night Celebration on the last Saturday of each month.

13. Meeting Script Changes

MOTION to add to the Meeting Scripts, a statement that reads, "If your background images might offend others, please blur your background on Zoom or turn your camera off."

MOTION to add a reminder to the Scripts that reads, "Please refrain from cross-talking to other Members."

MOTION to remove the line in the Meeting Scripts that says, "Before we wrap up this meeting, does anyone have a burning desire to share that hasn't gotten an opportunity to speak?"

14. Change of District

MOTION to change TIAS's district from District 7 to District 11.

15. Other Motions

Please contact the committee at thereisasolutioncommittee@gmail.com if you have any items that you would like to discuss at the Group Conscience Meeting.

Motions can also be accepted from the floor.

16. MOTION to close the meeting

**SPECIAL MEETING of There Is A Solution
To elect a General Service Representative (GSR)**

Monday, January 5, 2026 at 7:30 pm

Chair: Kelsey S

Minutes: Michelle R

Kelsey S opened the meeting at 7:30 pm with the Serenity Prayer.

Kurt B read the Traditions.

19 Members in attendance, excluding the Chair.

Kelsey S introduced the 2026 Committee Members: Kelsey S. Chairperson, Heather L Treasurer, Michelle R Secretary, Patrick D Tech Rep, Erin Freya Intergroup Rep, Christine T Member at Large and Jeff H Member at Large

Kelsey S introduced Tina C, GSR for the Auto City Group.

Tina C shared her experience as a GSR. Highlights as follows:

GSR is the face of the Group at monthly District Meetings. First District meeting is tomorrow, Jan 6/25 (the 1st Tuesday of the month at 6:30 pm). Knowledge of the 12 Concepts. Need Service Manual. Feel free to ask other GSR's for support (Tina C put her phone number in the chat). Having a Service Sponsor may be valuable. Assemblies (weekends) are 4 time / year and they are Hybrid. GSR and an Alternate GSR work together

to be the conduit between the District and the Group and the Group to the District.
Typically, service is as an Alternate GSR for 2 years and then move to GSR for 2 more years.

Answers to questions and some comments:

The TIAS Committee meets on the 3rd Sunday of the month at 11:00 am.
Usually need a 2/3 majority to be elected as GSR.
TIAS needs to call a Group Conscience to elect an Alternate GSR to the Committee.

Kelsey S and Members in attendance thanked Tina C.

NOMINATIONS and ELECTIONS:

Christine T nominated Misty, seconded by Patrick D. **Misty accepted** the nomination.

Lori R nominated Kurt B, seconded by Kelly T. Kurt B declined the nomination.

Alison nominated Lori R, seconded by Jeff H. **Lori R accepted** the nomination.

Lori R nominated Heather L, seconded by Manny. Heather L declined the nomination.

Murray Van nominated Alison, seconded by Heather L. **Alison accepted** the nomination.

Lori R nominated Chet, seconded by Manny. Chet declined the nomination.

Lori R nominated Tiny, seconded by Alison. Tiny declined the nomination.

Further nominations were called 3 times. Nominations were closed.

Misty, Lori R and Alison were moved to the Zoom Waiting Room.

Christine T and Jeff H were responsible to count votes.

17 Members were eligible to vote at this time.

Votes were cast.

Misty was elected as TIAS GSR.

MOTION to close the meeting. Moved: Michelle R, Seconded: Buffy

Kelsey S closed the meeting at 8:16 pm with the Responsibility Statement.

MINUTES
There Is A Solution
GROUP CONSCIENCE MEETING
Saturday, December 6, 2025 at 9:30 AM in the Zoom Room

Chair: Corinne P.

Vote Counters: Kelly T. and Steve U.

Attendance: 21 Members at 9:35 am, excluding the Chairperson.

Corinne P opened the meeting with a moment of silence followed by the Serenity prayer.

Steve U, Meag, and Kurt B read the AA preamble, 12 Steps, and 12 Traditions.

1) Length of this Meeting.

MOTION: Set a one-hour time limit for this meeting and table remaining items for the next Group Conscience Meeting. Moved: Steve U. Seconded: Kelly T. 8 in favour; 9 opposed

Motion defeated. This meeting will continue until all agenda items are discussed.

2) Meeting Script changes.

MOTION: To accept the proposed meeting scripts. Moved: Steve U. Seconded Murray.

Discussion: So many changes to consider at once. Purpose is to shorten the scripts, allowing more time for Members to share. Removing the line where Chair asks “Does anyone has a burning desire...” could be removed. Members need to be more aware of how long they share. Chair could refrain from sharing to allow for membership to share. Chair sharing helps to start discussions. Chairs do not need to call on people to share in order of the time they arrive at the meeting. Chairs can keep readings shorter to allow more time for sharing. 8 in favour; 8 opposed. Tie vote – Chairperson’s vote was to opposed the motion.

Motion defeated. To be discussed at next committee meeting.

3) Add GSR position to the TIAS Committee.

MOTION: To add a GSR service position to the TIAS Committee. Moved: Patrick D.
Seconded: Steve U.

Discussion: Service should be with one's home group. In-person attendance at Assemblies may require funding from TIAS. GSR is a suggested position but is not mandatory. District can help with funding for in-person Assembly meetings. GSR position contributes to the legitimacy of TIAS. We likely have enough Members so this position can be filled. Sometimes we don't have Chairs for our meetings-Should we focus on this before reaching further out? GSR brings service information to TIAS. Page 7-9 of AA Service Manual (can get online) explains what a GSR does. 11 in favour; 4 opposed.

Motion carried. To be reviewed at next committee meeting.

4) Chairperson's Term.

MOTION: Change the Chairperson's term of service to 2 years, starting Jan 1/27 to that it is staggered with the Treasurer's 2-year term of service thus creating overlap of at least 2 committee members. Moved: Steve U Seconded: Don B.

Discussion: This would help with continuity on the Committee. Easier to fill a one-year term. Committee members can ask questions of former committee members. If a 1-year term, spirit of rotation is in place. 3 in favour; 9 opposed.

Motion defeated. Chairperson's term of service will remain 1-year.

5) Big Book Study format.

MOTION: To change the format of the Big Book Study meetings. Moved: Jeff H.
Seconded: Kelsey S.

Discussion: Readings are overwhelming. Shorten readings to actually study the Big Book. No hurry to rush through the Big Book. Reading a half a chapter each week adopted from St. Vital Group. If readings were shortened, how long would it take to get through the big book? 9 in favour; 4 opposed.

Motion carried. To be discussed at next committee meeting.

6) Prudent Reserve amount.

On the Agenda it says "To Increase our Prudent Reserve to \$1,000 (currently \$500)."

REVISED MOTION: To increase the prudent reserve to \$750. Moved: Michelle R.
Seconded: Kurt B.

Discussion: We ran short of funds in the Fall to make payments for the WIX Website and Zoom account renewal. It made financial sense to renew WIX for a 3-year term rather than a 2-year term. WIX will renew in 2028. Costs of things will rise. 11 in favour; 1 opposed.

Motion carried. Committee to keep this in mind.

7) Contributions to the 3 arms of service.

MOTION: Delay contributions to the 3 arms of service until the Prudent Reserve topped up.

Moved: Patrick D. Seconded: Manny.

Discussion: TIAS was short funds to renew WIX and Zoom Account in the Fall. If group is ever in trouble, we can reach out to the Membership. Members stepped up their 7th Tradition contributions in fall. A Member can contribute up to \$2,000. Contributions to the 3 arms of service are down and much needed. 8 in favour; 1 opposed.

Motion Carried. Committee to keep this in mind.

8) Contributing to a 4th arm of service, the district level, and determining the contribution percentages.

MOTION: Start contributing to a 4th Arm of Service, the District level and, Contribute 25% to each one of the arms of Service. Moved: Steve U. Seconded: Don B.

Discussion: Current 7th Tradition contributions are made 33% to each of the 3 arms of service. We would divide our contribution 4-ways so all arms of service get the same amount, which is 25% each. This will begin after our prudent reserve of \$750 is reached. 10 in favour; 0 opposed.

Motion carried. Committee to keep this in mind.

9) Protocol for Members to have their concerns and questions considered by the Committee.

MOTION: To suggest to Members that they contact the committee by e-mail with their questions, comments and concerns. Moved: Jeff H. Seconded: Kelsey S.

Technology can be challenging for some members, making emailing difficult. If e-mail is used, all members of the committee are aware of information at the same time.

Emergency committee meetings need to stop. Members can be advised, via an email response from the committee, thanking them for their email and their item will be reviewed at the next committee meeting and inviting them to attend the next committee meeting. Rather than having text, Facebook and e-mail, it would be good to stick to a single port of communication. Committee to respond quickly to member's incoming email. 10 in favour; 0 opposed. **Motion carried.**

MOTION: That a separate announcement be put in the meeting scripts that says, "The committee wants to hear from you. If you have any questions, comments or concerns, please email the committee at thereisasolutioncommittee@gmail.com."

Moved: Patrick D Seconded Steve U.

Motion carried. Tech Rep to update announcements. Committee members, when approached with questions, comments or concerns, can ask the Member to email the committee.

10) Locking the Zoom Room.

MOTION: That the Zoom room be left as is - open to Members. Moved: Steve U.
Seconded: Kurt B.

Fellowship before and after meetings is important, relationships are formed. The women's big book study and meetings between Sponsor and Sponsee are valuable. Locking the room interferes with our primary purpose of carrying the message to the still suffering alcoholic. Group and committee meetings couldn't happen if the room were locked. 11 in favour; 0 opposed.

Motion carried. No action required.

11) Request to present on the GSR role at the next Tradition Meeting (first Monday in Jan. 2026 at 9:30 am).

MOTION: To hold an Interim Election for the GSR position on the committee at 7:30 pm on Monday, January 5, 2026, and to invite Kelly T's contact to attend this meeting.

Kelly T attended a District (GSR) meeting. At that meeting one of the GSR's asked if they could come and talk to the group for 5-10 minutes about the role of GSR. The group just voted to add a GSR position to the committee, this would be a good idea. Questions: Can the person come another day besides Monday morning on the 5th of January? Can the speaker come a few days before the Interim Election meeting so that we can have some time to think about it before running or electing? GSR position description is on our website; one could look at that if interested in the position. Can current committee members leave their position and run for GSR? Yes. 8 in favour; 1 opposed.

Motion Carried. Kelly T to invite a person from the District level who would like to present on the GSR position to our Interim Election meeting on Jan. 5/26 at 7:30 pm. Tech Rep to update announcements advising Members of the Election Meeting date and time and that the GSR Position Description can be found on the TIAS website.

MOTION: To close the meeting. Moved: Patrick D Seconded: Kurt B.

Corinne P closed the meeting at 11:27 am with the Lord's Prayer.

There Is A Solution
Group Conscience Minutes
March 21, 2025 – 730pm on Zoom

Committee members:

Corinne P. – Chair
Michelle R. – Treasurer
Christine T. – Secretary
Kelly T. – Intergroup Rep
Steve U. – Tech Rep
Kelsey S. – Member at Large
Manny M. – Member at Large

Kelly T. chaired this meeting.

Christine T. took the minutes.

Corinne P. opened the meeting with an Introduction on today's |Group Conscience. Its purpose, is to review Hot Topic questions picked by the committee, emphasizing conversation and discussion by members of There is a Solution.

Kelly- Protocol for the meeting goes as follows:

- There are no motions or voting, it is just a discussion.
- We are part of District 7, Area 80.
- Questions are related to the Meeting Guide app.
- NY would like feedback for the next following 4 questions.
- Feedback is to be sent to Tom at their head office by April 1, 2025.

Consider the following:

1. Adding AA literature to the Meeting Guide app.
 - It's a good idea. If newcomers are not ready for a meeting, at least they have access to information.
 - It would have everything necessary to run a meeting, this is helpful.
 - Amazing, it would be beneficial.

2. Creating a mechanism for listing online meetings on the Meeting Guide app, without tying them to particular locations.
 - I would like to have some indication of where I am, and whose room I'm going to for a meeting. Bragging rights are great! Such as "I was just in Africa".
 - Knowing the location reduces fear. Fear of ending up somewhere too local. There is no harm in listing places.
 - When traveling and trying to find a place to stop for a meeting, location is necessary.
 - I use the app and I like being able to go back to that meeting to visit. It's not a good feeling clicking on the app and not knowing where I am.
 - Maybe give the groups the option to reveal the location based on interest.

3. Adding a clarification to the location information on the Meeting Guide app to specify that locations (like churches) do not imply affiliation.
 - I don't think it's an issue. When I came in I knew it was not affiliated.
 - This could greatly impact newcomers who come in not knowing anything about AA and may have a religious bias.

4. Adding an option to make 7th tradition contributions possible through the Meeting Guide App.
 - An option may be to leave a line that would state where to E-transfer.
 - AA is here to serve. The business of collecting money is very secondary. This would be fundamentally opposed with what we stand for.
 - Wondering if we want literature to be available as well, including a subscription to Grapevine.
 - There is a purchase literature option under contact, which brings you to local places that have these items available.
 - I agree with each group mentioning it in their meetings opening script. For the newcomers it would look bad, first you want me to go to a church and now you want my money.

Corinne closed the meeting with the Lord's Prayer and thanked everyone for their participation and feedback.