



There Is A Solution

Opening Meeting Script (Last Friday Open/Speaker Meeting)

Updated March 28, 2026

[Do not read any of the red instructions out loud]

Ask members to obtain the readings prior to the meeting: The latest version of this document, the AA Preamble, How It Works, The 12 Steps, and The 12 Traditions [when it is a Tradition meeting] These and all readings can be found on our website at www.thereisasolution.ca

- 1) Please help us open the meeting with a moment of silence, followed by the Serenity Prayer. **(Members now read the Preamble, How It Works, the 12 Steps)**
- 2) Thank you for helping us open the meeting my name is _ and I am an alcoholic.
- 3) Welcome to our Open Speaker Meeting which takes place the last Friday of each month at 730pm. Welcome to any family, friends and newcomers.
- 4) AA's Seventh Tradition states: "Every AA group ought to be fully self-supporting, declining outside contributions." There Is A Solution now accepts e-Transfers to thereisasolutioncommittee@gmail.com
- 5) Anyone requiring proof of attendance at this meeting, please keep your camera on the entire meeting and send a private chat message to the host with contact details or stay behind following the meeting.
- 6) Please add an "asterisk" before your name if you are a member of *There is a Solution Group* and are willing to act as a temporary sponsor.



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7) Following are a few guidelines for the meeting:

- Turn off your video if you need to move around
- If your background images might offend others, please blur your background on Zoom or turn your camera off.
- Please mute your microphone
- Please use the chat respectfully.
- It is this group's conscience that if any person endangers another individual or disrupts the group's efforts to carry A.A.'s message, the group may ask that person to leave the meeting.

8) As previously mentioned, tonight is our Open Speaker Meeting, and **(name of speaker)** from **(name of group)** has come to share their experience, strength and hope with us until approximately 8:20pm. Please unmute yourselves and help me welcome \_\_\_\_\_.

**(Speaker shares their story. Host/coffee monitor ensures everyone remains muted and also monitors the chat.)**

**(Host/coffee monitor personally thanks the speaker for taking the time to share with the group – invites participants to unmute and give thanks.)**



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## Closing Script

1) We recognize sobriety milestones here at *There is A Solution*:

- 1 - 6 days
- 1 to 3 weeks
- 1 to 11 months
- Number of years

Is anyone celebrating a sobriety milestone they would like recognized? **Pause for member response...**

2) *There is a Solution* strongly believes in the primary purpose of carrying the message to the still suffering alcoholic, and sponsorship is a vital part of the program. Please speak to the chairperson after the meeting if you want to talk about getting a sponsor.

3) If you have 3 months of sobriety and are interested in chairing a meeting, please sign in 10 minutes prior to the meeting with a reading prepared or, speak to the host after the meeting if there are any questions.

4) We have Zoom meetings at 9:30 AM and 7:30 PM seven days a week.

5) Our committee wants to hear from you. For service opportunities, temporary sponsorship, speaking on the last Friday of the month or for any questions, comments or concerns please email the committee at [thereisasolutioncommittee@gmail.com](mailto:thereisasolutioncommittee@gmail.com) .

## Announcements;



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- Please go back to the TIAS home page and click the **ANNOUNCEMENTS** tab under the Meeting documents.

6) I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

What you hear here,

Whom you see here,

Let it remain here,

When you leave here! [Group Response: "Hear, hear!"]

7) (Pick a prayer of your choice from the list below):

For those who would, please help me close this meeting with (Prayer Name).

- The Lord's Prayer
- Acceptance Prayer
- Third Step Prayer
- Seventh Step Prayer
- Tenth Step Prayer
- Saint Francis Prayer
- The Pirate's Prayer



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## **Saint Francis Prayer**

Lord, make me a channel of Thy peace;  
that where there is hatred,  
I may bring love;  
that where there is wrong,  
I may bring the spirit of forgiveness;  
that where there is discord,  
I may bring harmony;  
that where there is error,  
I may bring truth;  
that where there is doubt,  
I may bring faith;  
that where there is despair,  
I may bring hope;  
that where there are shadows,  
I may bring light;  
that where there is sadness,  
I may bring joy.

Lord, grant that I may seek rather to comfort,  
than to be comforted;  
to understand,  
than to be understood;  
to love,  
than to be loved.

For it is by self forgetting,  
that one finds.  
It is by forgiving,  
that one is forgiven.  
It is by dying,  
that one awakens to Eternal Life.

Amen.

## **The Lord's Prayer**

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.

Amen.

## **The Pirate's Prayer**

Whatever your race is,  
Or your colour or creed  
Whatever your faith is  
It's the same colour we bleed.  
So may Grace be your Harbour  
And Higher Power, your true north  
Let Faith be your Anchor  
And make Love your home port.



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## 7th Step Prayer

My Creator, I am now willing that You should have all of me, good and bad.

I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows.

Grant me strength, as I go out from here, to do your bidding.  
AMEN

## Third Step Prayer

God,  
I offer myself to Thee  
To build with me and to do with me as Thou wilt.  
Relieve me of the bondage of self,  
that I may better do Thy will.  
Take away my difficulties,  
that victory over them may bear witness  
to those I would help of Thy Power,  
Thy Love and Thy Way of Life.  
May I do Thy will always!

## Tenth Step Prayer

I pray I may continue:  
To grow in understanding and effectiveness;  
To take daily spot check inventories of myself;  
To correct mistakes when I make them;  
To take responsibility for my actions;  
To be ever aware of my negative and  
Self-defeating attitudes and behaviors;  
To keep my willfulness in check;  
To always remember I need Your help;  
To keep love & tolerance of others as my code; and  
To continue in daily prayer how I can best serve You,  
My Higher Power.

## Acceptance Prayer

Acceptance is the answer to all my problems today.  
When I am disturbed, it is because  
I find some person, place, thing, or situation  
-some fact of my life-  
unacceptable to me,  
and I can find no serenity until I accept  
that person, place, thing, or situation  
as being exactly the way it is supposed to be  
at this moment.  
Nothing, absolutely nothing  
happens in God's world by mistake.  
Until I could accept my alcoholism,  
I could not stay sober;  
unless I accept life completely on life's terms,  
I cannot be happy.  
I need to concentrate  
not so much on what needs  
to be changed in the world  
as on what needs to be changed  
in me and in my attitude.