

There is A Solution Committee Meeting
Sunday, April 19,2026 at 11:30 am in the TIAS Zoom Room

Attendance:

Chairperson – Kelsey S
Secretary – Michelle R
Treasurer – Heather L
GSR – Misty D
Tech. Rep – Patrick D
Member at Large – Jeff H
Member at Large – Christine T

Kelsey S opened the meeting at 10:57 am with a moment of silence followed by the Serenity Prayer.

Michelle R read the 12 Traditions.

1. MOTION to approve minutes of the March 15, 2026 Regular Committee Meeting as distributed.

Moved: Patrick D Seconded: Misty D
Motion passed.

2. OLD BUSINESS (resulting from previous Committee and Group Conscience Meetings):

a) From the March 15/26 Committee Meeting:

- Have we been able to find a different storage space for the TIAS documents?
Completed. Patrick D. has sent Michelle R all the documents for the website. Michelle to place documents on TIAS Google Drive.
- Christine T to send list of Speakers from Central Office to Jeff H. Completed?
In progress. Christine T will re-send the list to Jeff H.

b) Alternate GSR position (Group Conscience to be asked if Alt GSR is wanted on the TIAS Committee.

If a majority of Members are in favour of an Alt GSR position, the group would elect someone. Misty D open to electing an Alt GSR who will take over from her when her term ends and if no Alt GSR wanted or elected, perhaps another Committee Member could attend Assemblies along with GSR.

c) From the Special Meeting of the Membership on March 26/26 (Topics to review for NY GSO)

Misty went to Assembly; breakout rooms were put in place; further discussion was held on topics, the person going to NY Office is comfortable and honoured to take feedback to GSO.

d) From the March 28/26 Group Conscience Meeting

- To create a sub-committee of 3-5 Members, who regularly attend the Big Book Study, that can take on the task of changing the format of the Big Book Study. Completed as distributed to the Committee. Next Steps – take to Group Conscience.

Question – create an extra BB Study meeting on a weekday meeting plus the existing BB Study on Sunday? BB Study is to be consecutive weeks. Many people can schedule one day a week. The length of the BB Study is what it is. Kristianna and Christine T will continue alternately chairing BB Studies on Sunday. Members who attend BB Study: Half wanted paragraph by paragraph study, others 3 pages at a time so subcommittee set up a “happy medium” in terms of the length of each reading.

- To introduce a once monthly Virtual Birthday Night Celebration on the last Saturday of each month.
Jeff H will continue working on a format for Open Birthday night script and then will email the Committee for review and then present to Group Conscience.
- Script changes
All 3 script changes were implemented immediately.
- To change TIAS’s district from District 7 to District 11.
Misty D sent Kevin, DCM for district 7, an email advising we want to join District 11. DCM at District 7 has agreed that we can move to District 11. TIAS is now in District 11.
ACTION: Misty D to send District 11 contribution email to Heather L for the 4th Arm of Service 7th Tradition Contribution.

3. REPORTS:

a) Chairperson – No report.

b) Secretary – No report.

c) Treasurer

Community Builder Chequing Account:

\$ 188.37 Balance at March 1/26
+\$ 140.00 Member's 7th Tradition contributions
\$ 328.37 Total Income for March 2026
-\$ 262.13 Total Expenses for March 2026
=\$ 66.24 Balance at March 31/26

Expenses for March 2026

1. \$ 64.84 - 7th Tradition paid to AA Central Office

2. \$ 64.84 - 7th Tradition paid to AA Manitoba General Service
 3. \$ 64.84 - 7th Tradition paid to District 7
 4. \$ 63.61 - 7th Tradition paid to Heather L.-Reimburse for payment on her credit card to New York General Service
 5. \$ 4.00 - to send 4 e-transfers for contributions to the 4 arms of service as noted above
- \$262.13

Balance as of April 19/26 is \$ 106.24

Community Builder Savings Account:

\$ 750.37 Balance at March 1/26
+\$ 0.54 Interest earned
\$ 750.91 Balance at March 31/26

Prudent Reserve Balance as of April 17/26 is \$ 750.91
Co-op share is \$5.00

MOTION to approve the Treasurer's Report as presented.

Moved: Heather L Seconded: Misty D
Carried unanimously.

d) Intergroup Rep. – Vacant Position – No report

e) General Service Rep (GSR)

Misty D attended Assembly. Good information and discussion. Misty's break-out room discussed how to write a GSR Report and how important the New York questions are for AA as a whole. AA is thriving in terms of in-person and Zoom meetings and outreach service.

Previous deficit has been overcome.

MOTION to approve the GSR's Report as presented.

Moved: Misy D Seconded: Michelle R
Carried unanimously

f) Tech Rep

The following has been updated on our website for April 2026:

Events Page:

Events page has been changed deleting and updating.

No other document changes since the last major update after the last group conscience. Patrick D has sent the master Folder (Named: TAIS Website) to Michelle R. Michelle R will store this file on the Google Drive, and Patrick D will update the folder after each

Monthly Committee Meeting and send to Michelle R to keep the documents on the Google Drive up to date.

To all who have access to the Google Drive:

There is no reason (unless Patrick dies, lol) to go into that file. If you are curious about anything "Tech Rep", please let me know and I will be happy to answer any questions. A member in the previous committee I was on made changes to the folder that took weeks to fix. I have copies on the file on my computer.

MOTION to approve the Tech. Rep Report as presented.

Moved: Patrick D Seconded: Christine T

Carried unanimously.

- g) Members at Large
 - Christine T
Need a speaker for next month (May).
 - Jeff H
Will get a speaker for May 2026.

4. NEW BUSINESS

- a) Proof of Attendance Requests
Host / Chairs of meetings are to be sending proof of attendance as per Opening Script of meetings. Kelsey S sent proposed email to committee members on Wednesday. Not everyone responded.
Suggestions - Make email a "we" email rather than an "I" email. Make it short and concise – state the facts.
ACTION: Kelsey to amend and send out to all committee members for feedback.
- b) Email from a Member Apr. 16/26 RE: AA Online Community (from Get Into Action Committee). Does the information have relevance to online groups in Manitoba? Roundtable, Pamphlet, Grapevine Magazine working group. Looking for more participation in various service committees.
Poster is on the TIAS Website.
- c) Email from a Member RE: low Member attendance and participation at meetings (people set to listening). Should chairs be asking the listeners to share? The opening readings are long and need to be revised.
Response:
Received email and talked about it as a committee.
The behaviour of others, as long as not harming AA as a whole, is not for the committee to say. As a committee, we do not govern, we are trusted servants.
AA's PR policy is based on attraction rather than promotion. We can't control who attends.

If Member is set to listening, they are listening. Chair should respect that. Introduction is long – is for the newcomer to learn and receive the message.

ACTION: Heather and Kelsey to reply to Member on behalf of the Committee.

d) Date and Agenda Items for next Group Consciences

MOTION to hold two Group Conscience meetings; May 30 and June 13, 2026.

Moved: Patrick D Seconded: Heather L

Carried unanimously

Saturday, May 30/26 at 9:30 a.m.

1. Review the proposed Big Book Study Outline.
2. Possibly adding the Alt GSR position on the TIAS Committee.

Saturday, June 13/26 at 9:30 a.m.

1. Election of Intergroup Rep.
2. Election of Alt GSR (if approved by Membership on May 30, 2026).

5. MOTION to close the meeting at 12:16 pm

Moved Patrick D Seconded: Heather L

Carried unanimously

Kelsey S closed the meeting with the Pirate's Prayer.

**A Solution
Group Conscience Meeting
Saturday, March 28, 2026 at 9:30 am on Zoom**

MINUTES

Chairperson: Kelsey S

Minutes: Michelle R

Attendance: 21 Members present at opening of the meeting, excluding the Chairperson.

Kelsey S opened the meeting at 9:30 am with a moment of silence followed by the Serenity Prayer.

Steve U read the Twelve Traditions.

1. Approval of the Minutes

MOTION to approve that Minutes of the December 6, 2025 Group Conscience Meeting as posted on the TIAS website.

Moved: Jeff H Seconded: Kurt B
12 in favour 0 opposed 0 abstained **Carried**

MOTION to approve that Minutes of the January 5, 2026 Special Meeting as posted on the TIAS website.

Moved: Steve U Seconded: Jeff H
14 in favour 0 opposed 0 abstained **Carried**

2. Follow-up Information from the committee / Old Business

From the Dec 6/25 Group Conscience Meeting:

Motion: Minimum amount in the Prudent Reserve increased to \$750.

Outcomes:

- TIAS has reached the voted upon amount for the Prudent Reserve of \$750.
- TIAS can contribute to the 4 Arms of service (25% each arm, on the quarterly schedule determined by the Membership previously – March, June, Sept. and Dec, 15th).

Motion To suggest to Members that they contact the committee by email with their questions comments and concerns.

Outcome:

- An announcement has been amended to reflect this.

From the Jan. 5/26 Special Meeting

- GSR has been elected to the committee – Misty G.

3. Big Book Study

MOTION to create a sub-committee of 3-5 Members, who regularly attend the Big Book Study, that can take on the task of changing the format of the Sunday Big Book Study.

Moved: Michelle R Seconded: Patrick D

How will it be changed? Condensed readings for each meeting. Agreed that it's too long. Could look at a paragraph at a time and then discuss. Michelle R willing to head up the sub committee. An announcement could then be put to the Membership asking for members of the subcommittee (up to 5)

15 in favour 0 opposed 2 abstained **Carried**

4. Birthday Night

MOTION to introduce a once monthly Virtual Birthday Night Celebration on the last Saturday of each month.

Moved: Misty G Seconded: Kurt B

Agree. Is there any conflict with any other group? Are there people ready to step in to organize it? Jeff H. willing to take on the responsibility of organizing. Would Jeff become Birthday chairperson? What is format? We are starting with the question of whether or not Membership wants it first. When do we decide if there's a speaker for Birthday Night? The motion is whether we want a Birthday night; committee will determine details. We had Birthday night on zoom previously – approve of the motion. Medallions or cards are an expense.

16 in favour 1 opposed 1 abstained **Carried**

5. Meeting Script Changes

MOTION to add to the Meeting Scripts, a statement that reads, “If your background images might offend others, please blur your background on Zoom or turn your camera off.”

Moved: Patrick D Seconded: Misty G

How will it affect people who need to verify their attendance? Can blur background and still see face. Maybe remove “or turn your camera off” part of motion. If disturbance to meeting, camera has to be turned off anyway. This came about because a pornographic image was on the wall behind a Member-wouldn't do this in live meeting, this is a clubroom. Up to Members to have appropriate background. Key word in the motion is “or”- you can blur background or turn off camera. Could this not be handled personally rather than by a motion-some people not tech savvy. This is our AA clubroom – should be respectful – need a set a criteria that things are respectful. Instead of motion, people should have been told to leave. We have some newer hosts who often don't want to rock the boat or are hesitant to turn off video or say something. There's also inappropriate touching going on in meetings too. I'd feel reprimanded if told directly and may feel guilty for removing someone. Does this extend to photos on screen when camera is turned off? Reminder to add this line to Script. Helpful to have a group guideline rather than speaking out to a fellow member directly.

13 in favour 2 opposed 0 abstained **Carried**

MOTION to add a reminder to the Scripts that reads, “Please refrain from cross-talking to other Members.”

Moved: Skye P Seconded: Chet B

What is cross-talking? Does it include positive comments? ANY talking to another Member. One AA definition is :Cross talk in Alcoholics Anonymous (AA) refers to direct, often unsolicited feedback, advice, or commentary directed at another member's share during a meeting, rather than addressing the group as a whole. It is generally discouraged to maintain a safe, non-judgmental environment, allowing members to speak without interruption, criticism, or unwanted advice.” Sometimes Chairs comment on others' shares. Does it

*include the use of “we should” or “you should” language during someone’s share?
Comments on other people’s stuff is on me. Cross-talk means unwanted signals between people. Other groups make comments using “I” statements. Cross talk is a waste of time and disrespectful. Whatever definition is, we should include what cross-talk is in the Script.*

15 in favour 1 opposed 2 abstained **Carried**

MOTION to remove the line in the Meeting Scripts that says, “Before we wrap up this meeting, does anyone have a burning desire to share that hasn’t gotten an opportunity to speak?”

Moved: Jeff H Seconded: Bobby

On occasion when we run out of time, people take the opportunity and sometimes take advantage of, sharing and the meeting will extend pass the one-hour time frame. Everyone that wants to, should share at the meeting and not identify yourself as listening and then wait until very last minute of the meeting to share. I put “listening” or the coffee emoji on when I’ve stepped away for a bit -what should I do when stepping away from meeting? One Member indicates “listening atm” and turns their camera off while away. When returned, they turn camera on and remove “listening”. Maybe we need a timer to reduce length of shares so everyone can share. Move to opening script, whomever has a desiring need, raise your hand and the Chairperson can call on them first. When you’re away, you can send a private chat message to the host to advise if you’re away for a while.

13 in favour 1 opposed 2 abstained **Carried**

6. Change of District

MOTION to change TIAS’s district from District 7 to District 11.

Moved: Heather L Seconded: Manny M

What’s the difference? District 7 more tailored to in-person meetings, District 11 tailored more to online meetings. More support for online meetings available in District 7.

14 in favour 0 opposed 1 abstained **Carried**

7. Other Motions

None

8. MOTION to close the meeting

Moved: Patrick D Seconded: Heather L

Kelsey S closed the meeting at 10:36 am with the Pirates Prayer.

**There Is A Solution
Committee Meeting Minutes
March 15, 2026 at 11:00 am on Zoom**

Attendance:

Chairperson - Kelsey S
Treasurer - Heather L
Secretary - Michelle R
Intergroup Rep. - Vacant position
General Service Rep. - Misty
Tech Rep. - Patrick D
Member at Large - Christine T
Member at Large - Jeff H

1. Opening Remarks

Kelsey S opened the meeting with a moment of silence and the Serentiy Prayer at 11:01 am.

2. Traditions

Jeff H read the Traditions.

3. Approval of Minutes

MOTION to approve the Minutes of the February 15, 2026 Regular Meeting as distributed.

Moved: Michelle R Seconded: Patrick D **carried**

4. Reports - Information and Updates

a. Chairperson No report.

b. Secretary No report.

c. Treasurer - Financial Report for Feb 1-28, 2026:

Community Builder Chequing Account:

\$ 178.75. Balance at Feb 1/26
+\$ 80.00 Member's 7th Tradition contributions
-\$ 70.38 Transfer to Prudent Reserve Account Feb 25/26
=\$ 188.37 Balance at Feb 28/26
Balance as of March 12/26 is \$ 223.37

Community Builder Savings Account:

\$ 679.62 Balance at Feb.1/26
+\$ 0.37 Interest earned
+\$ 70.38 Transfer from Chequing Acct Feb 25/26
=\$ 750.37 Balance at Feb 28/26
Balance as of March 12/26 is \$ 750.37

Prudent Reserve (savings account) is at \$750.00 as of Feb 25/26

Co-op share is \$5.00

MOTION to approve the Treasurer's Report as stated.

Moved: Heather L Seconded: Christine T **Carried**

d. Tech Rep

The following has been updated on our website for March 2026:

Group announcements:

The contact the committee announcement has been deleted (moved to the Meeting Scripts).

The Tuesday PM host announcement is removed as Corinne P stepped up!

The Group Conscience announcement has been expanded to include Motions are now on the Group Conscience Site under the Group Conscience tab.

Events Page:

Removed the expired poster.

Group Conscience:

Motion agenda has been added and the minutes from the prior GC's are attached.

Meeting Scripts:

The main change is the addition of the "The Committee wants to hear from you..." in fulfillment of the Group Conscience decision a while back.

I also did some formatting that was long overdue.

Both the closed meeting and open speaker meeting scripts have been updated.

Schedule March April:

Removed Murray and added Corinne.

As a result of changes made all documents are current on our website.

MOTION to approve the Tech Rep report as presented.

Moved: Patrick D Seconded: Michelle R **Carried**

e. GSR

- Seven questions for the New York office have been received – Kelsey will e-mail them to the Committee.
- The group can choose questions to address that are appropriate to our group.
- Suggest holding a morning and an evening meeting to discuss the questions and reach all Members.
- April 2/26 due date

Can we email the questions to all Members rather than taking up 2 meeting times?

- The DCM's suggest a meeting.

* See New Business item e.

MOTION to approve the GSR report as presented.

Moved: Misty Seconded: Michelle R **Carried**

f. Intergroup Rep – Position vacant at this time

g. Members at Large

Jeff –

Christine T – Has list of Speakers from Central Office. Getting responses - going well.

MOTION to accept the Members At Large report.

Moved: Christine T Seconded: Jeff H **Carried**

5. Old Business

a. Chairperson - No old business.

b. Secretary - No old business.

c. Treasurer - No old business.

d. Tech Rep

Have we been able to find a different central storage space for TIAS documents?

- Still being reviewed

e. GSR - No old business.

f. Intergroup Rep – Vacant position

g. Members at Large

Do both Members have the Speaker List?

- Jeff is not having much success getting Members to speak.

ACTION: Christine T to send Jeff H the list from Central Office

6. New Business

a. Changing the one guideline that's being put through to Group Conscience to say,

"If using your camera, please ensure your background is appropriate. Use the blur feature or turn your camera off if necessary. If inappropriate behaviour occurs, a host or co-host may turn off your camera."

ACTION: Kelsey S to send out to committee members for their consideration and then needs to be brought to a Group Conscience.

b. When are we holding elections for a new Intergroup Rep?

ACTION: Discussion tabled to next committee meeting – need to set another Group Conscience meeting

c. Are we electing an Alternate GSR? If so, when could we hold the election meeting?

We need to ask Membership if they want an Alt GSR position on the Committee and the elect someone – at a Group Conscience

d. Submitting 7th tradition contributions to 4 arms of service.

ACTION: Michelle R and Heather L to meet and make contributions to 4 arms of service.

e. Dates for Questions from New York (also see GSR Report above)

If responses to questions are due April 2/26, Saturday the 21st of March is too soon to have a Member's meeting about these questions. We have Group Conscience on the 28th. Can we just hold one evening meeting

MOTION to have a Member's meeting on Thursday March 26th at 7:30 pm

Moved: Michelle R Seconded: Patrick **Carried**

ACTION: Patrick D to place notice about this meeting in the announcements

f. Email from Member to Committee RE: behaviour on March 5/26 after the meeting, received March 15/26.

ACTION: Jeff to respond on behalf of the committee.

7. Closing the Meeting

MOTION to close the meeting.

Moved: Patrick D Seconded: Jeff H **Carried**

Kelsey S closed the meeting at 11:47 am with the Responsibility pledge.

Additional NOTES:

Tabled Items:

Set a Group Conscience date for elections.

Next Group Conscience Items:

Elect an Intergroup Rep – currently a vacant position.

Motion to create an Alternate GSR position and elect an Alt. GSR.

Meetings are on the 3rd Sunday of each month at 11:00 am in the TIAS Zoom Room as follows:

Jan. 18/26	Jul. 19/26
Feb. 15/26	Aug. 16/26
Mar. 15/26	Sep. 20/26
Apr. 19/26	Oct. 18/26
May 17/26	Nov. 15/26
Jun. 21/26	Dec. 20/26

**There Is A Solution
Committee Meeting Minutes
February 15, 2026 at 11:00 am on Zoom**

Attendance:

Kelsey S – Chairperson
Heather L – Treasurer
Michelle R – Secretary
Erin Freya – Intergroup Rep. - **Absent**
Misty – General Service Rep.
Patrick D – Tech Rep.
Christine T – Member at Large
Jeff H – Member at Large

8. Opening Remarks

Kelsey S opened the meeting with a moment of silence and the Serentiy Prayer at 11:00 am.

9. Traditions

Christine T read the Traditions.

10. Approval of Minutes

MOTION to approve the Minutes of the January 18, 2026 Regular Meeting as distributed.
Moved: Kelsey S Seconded: Patrick D **carried**

11. Reports

a. Chairperson

No report.

b. Secretary

No report.

c. Treasurer

Community Builder Chequing Account:

\$ 368.75. Balance at Jan 1/26
+\$ 210.00 Member's 7th Tradition contributions
-\$ 400.00 Transfer to Prudent Reserve Account
=\$ 178.75 Balance at Jan 31/26

Balance as of Feb 11/26 is \$ 203.75

Community Builder Savings Account:

\$ 279.35 Balance at Jan.1/26
+\$ 0.27 Interest earned
+\$ 400.00 Transfer from Chequing Acct
=\$ 679.62 Balance at Jan. 31/26

Balance as of Feb 11/26 is \$ 679.62
Prudent Reserve (savings account) is to be \$750.00.

Co-op share is \$5.00

Reports – continued:

MOTION to approve the Treasurer's Report as stated.
Moved: Heather L Seconded: Michelle R **Carried**

d. Tech Rep

All documents are up to date to the best of my knowledge on our website.
As per the committee recommendation, I revised the AA Events page to a document-based tab with current posters for upcoming aa events. All events are from the AA MB Website.

MOTION to approve the Tech Rep report as presented.
Moved: Patrick D Seconded: Michelle R **Carried**

e. GSR

Conference upcoming. Misty will attend via Zoom.

MOTION to approve the GSR report as presented.

Moved: Misty Seconded: Heather **Carried**

f. Intergroup Rep - Absent

No report provided.

g. Members at Large

Jeff – No report.

Christine T - will be getting a list of Speakers from Central Office this week.

MOTION to accept the Members At Large report.

Moved: Christine T Seconded: Misty **Carried**

12. Old Business

a. Chairperson

Email to Meeting Hosts RE: Confidentiality and Anonymity-

Kelsey S created an email, approved by the committee, that advises Chairs of meetings, that It has come to our attention that there are other people, maybe non-alcoholics, attending the meetings, please emphasize the line in the meeting script that says, "If you are around people who are not members of AA, please wear headphones or head to a space where you can be alone." and advised that meeting chairpersons that they can remind a participant of confidentiality and anonymity.

b. Secretary

Big Book Study-

BB study not functioning as BB study. Readings are very long. Most Members share on their experience with the reading, not a study of the reading. The meeting usually has 10-15 members attending. The current schedule of the BB Study runs from Sept. 14/25 to Mar. 29/26 (27 weeks).

MOTION: Michelle R to ask Members at next Group Conscience if they want to continue with a Big Book Study Meeting.

Moved Michelle R Seconded: Kelsey S **carried**

ACTION: If Members decide that they do want a Big Book Study at the Group Conscience, Michelle R. to present motion that a sub-committee be made to shape the future of the Big Book Study.

Old Business – continued:

Kristianna advised some individual members that she would like to share chairing of the Big Book Study. Christine T offered to be the alternating weeks BB study chair.

ACTION: Christine T to ask Kristianna to advise the committee, by email, of her offer to co-chair the BB study. Christine T to also advise the committee formally.

c. Treasurer

Heather L advised that she changed the phone number to hers at ACU to receive text messages regarding financial matters.

d. Tech Rep

No old business.

e. GSR

District 7 includes all the zoom groups.

f. Intergroup Rep - Absent

No new business provided.

g. Members at Large

Jeff H – Reviewed Birthday night Script sent by Kelsey S. Also reviewed TIAS Open Meeting Script. Isn't introducing a Script a Group Conscience item?

First we need to know if Members want a Birthday Night.

MOTION: Add to next Group Conscience, a motion for Members to have an opportunity to introduce a once monthly Birthday Night Celebration on the last Saturday of each month.

Moved: Jeff H Seconded: Misty **carried**

Christine T – No old business.

13. New Business

a. Chairperson:

I. Changing Host key / Do we want co-hosts to have 3 months of sobriety?

One Member is signing on early and taking the Host key. Also, Chairs are not always claiming the Host.

ACTION: Kelsey S will talk to the Member and advise that if they are not hosting the meeting, they are not to take the host key AND to send a reminder to Chairs to claim the Host at the start of the meeting and, if someone else has taken the Host, to ask them to transfer it to you.

II. Group conscience date

MOTION: that the next Group Conscience Meeting be held on Saturday, March 28, 2026 at 9:30 am

Moved: Patrick D Seconded: Michelle R **carried**

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New Business – continued:

Other Group Conscience Items discussed:

- **MOTION:** At the next Group Conscience Meeting integrate into our script, if you have offensive pictures in your background, please blur your background using zoom and to please refrain from Cross talking to other Members.

Moved: Patrick D Seconded: Kelsey S **carried**

ACTION: Patrick D will talk to the Member.

- Adding a reminder under guidelines in the meeting script about no cross talking.
- **MOTION:** Take to Group Conscience- Remove the line in the Script that says “Before we wrap up this meeting, does anyone have a burning desire to share that hasn’t gotten an opportunity to speak?”

Moved: Michelle R Seconded: Patrick D **carried**

b. Treasurer

MOTION to move \$70.38 from Chequing to Savings for the Prudent Reserve.

Moved: Heather L Seconded: Patrick D **carried**

ACTION: Heather L to transfer \$70.38 from ACU chequing account into the Savings Account.

c. Tech Rep

No new business

d. GSR

E-mail question received from a Member to the committee just prior to this meeting RE: changing districts. Member is also messaging GSR individually.

ACTION: GSR, and all committee members to advise all members that questions/concerns are to be posed to the entire committee via email so that all committee members can see the question/concern.

e. Intergroup Rep - Absent

f. Members at Large

No new business

g. Other

Intergroup Rep. has missed 3 Intergroup Meetings and 2 Committee Meetings.

ACTION: Kelsey S to email committee members with draft letter to Intergroup Rep and, when approved, send to the Intergroup Rep.

14. Closing the Meeting

MOTION to close the meeting.

Moved by Patrick D Seconded by Jeff H **Carried**

Kelsey Closed the meeting at 12:15 pm with the Responsibility pledge.

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Additional NOTES:

Group Conscience Items:

- a. Approve Minutes of the Jan. 5/26 meeting (election of a GSR).
- b. Ask Members if they want a Birthday Night celebration on the last Saturday of each month.
- c. Approve changing our District from District 7 to District 11.
- d. Ask Members if they want a Big Book Study (if yes, sub-committee).
- e. Add to script : If you have offensive pictures in your background, please blur your background using zoom and to please refrain from Cross talking to other Members.
- f. Remove the line in the Script that says “Before we wrap up this meeting, does anyone have a burning desire to share that hasn’t gotten an opportunity to speak?”

Topics Held over from last meeting:

ACTION: Kelsey S to reach out to Manny M and Erin Freya to see if they are still coordinating meetings at HSC and Women’s AFM.

ACTION: Depending on Kelsey S’s findings with Manny and Erin Freya, Patrick D to place a notice in the Meeting Announcements – Anyone interested in chairing meetings at HSC or Sarah’s Place, or volunteering with TAS, contact Misty at the TIAS e-mail.

Meetings are on the 3rd Sunday of each month at 11:00 am in the TIAS Zoom Room as follows:

Jan. 18/26	Jul. 19/26
Feb. 15/26	Aug. 16/26
Mar. 15/26	Sep. 20/26
Apr. 19/26	Oct. 18/26
May 17/26	Nov. 15/26
Jun. 21/26	Dec. 20/26

**There Is A Solution
Committee Meeting Minutes
January 18, 2026 at 11:00 am on Zoom**

Attendance:

Kelsey S – Chairperson
Heather L – Treasurer
Michelle R – Secretary
Erin Freya – Intergroup Rep. – **Regrets**
Misty – General Service Rep.
Patrick D – Tech Rep.
Christine T – Member at Large
Jeff H – Member at Large

15. Opening Remarks

Kelsey S opened the meeting with a moment of silence and the Serentiy Prayer at 10:55 am.

16. Traditions

Patrick D read the Traditions.

17. Approval of Minutes

MOTION to approve the Minutes of the Dec. 21/25 Regular Meeting as distributed.

Moved: Misty Seconded: Patrick D **Carried**

18. Old Business and Reports

a. Chairperson

No old business, No report

b. Secretary

No old business, No report

c. Treasurer

Community Builder Chequing Account:

\$ 158.75 Balance at Dec. 1/25
+\$ 210.00 Member's 7th Tradition contributions
=\$ 368.75 Balance at Dec 31/25

Balance as of Jan 14/26 is \$398.75

Community Builder Savings Account:

\$ 279.18 Balance at Dec.1/25
+\$ 0.17 Interest earned
=\$ 279.35 Balance at Dec. 31/25

Balance as of Jan 14/26 is \$279.35

Prudent Reserve (savings account) is to be \$750.00.

Co-op share is \$5.00

Current Balance in Community Builder Chequing is \$418.75

MOTION to approve the Treasurer's Report as stated.

Moved: Heather L Seconded: Jeff H **Carried**

d. Tech Rep

All website documents are up to date to the best of my knowledge. I revised the Schedule to show January and February 2026, including adding Becca R from The Winnipeg Group for the February Speaker.

I am not sure which "storage point" we are using for updated documents. The past Tech Rep used his personal Microsoft One Drive. I will be storing the updated files on my computer, but I believe the committee should also have access to the updated documents.

Please advise on where we are storing them. If it is the Google Drive (which I am not a fan of) please let me know who is maintaining the google drive and I will email the documents to that person.

If anyone has any changes that are required for any document, please email me at our committee email and in the subject put in "Attn Tech Rep – Update" so I am aware there is an update. Please include full information on the change required. If there is an issue with request to change anything, I will email whatever question(s) I have back to the entire committee.

Please note I will be out of country from January 26th – February 5th so there may be delays in my responses. I should be able to make any changes from where I am.

MOTION to approve the Tech Rep report as presented
Moved: Patrick D Seconded: Michelle R **Carried**

Many items on the TIAS Google Drive has not been updated consistently.
Could 2 Cttee Members save shared information?
Any suggestions for another shared drive?

ACTION: Patrick D will look into another communal storage space for TIAS documents.
Heather offered to store TIAS communal files on her computer.

ACTION: All committee members to send reports and files to Heather for storage until we can create a new communal storage place.

e. Intergroup Rep – Regrets

No report

f. Members at Large

Speaker for Feb. 2026 is Becca R from the Winnipeg Group.

Jeff H started making a list of potential speakers; some say wait until Fall.

Central Office has a Speaker List

ACTION: Christine T to get Speaker List from Central office.

MOTION to accept the Members At Large report.

Moved: Michelle R Seconded: Heather **Carried**

g. GSR

Misty has been to one GSR Meeting. 12 concepts were reviewed.

Misty went to Area 80 Assembly. Area 80 is in a deficit; would like/needs to get more groups contributing to 7th tradition.

Sarah's Place and HSC need people to chair meetings at these facilities. 2 Members required.

Telephone Answering Service needs help as well.
Does TIAS have a scheduled commitment for Sarah's place, HSC or TAS?.

MOTION to approve the GSR report as presented.
Moved: Misty Seconded: Patrick D **Carried**

ACTION: Kelsey S to reach out to Manny M and Erin Freya to see if they are still coordinating meetings at HSC and Women's AFM.

ACTION: Depending on Kelsey S's findings with Manny and Erin Freya, Patrick D to place a notice in the Meeting Announcements – Anyone interested in chairing meetings at HSC or Sarah's Place, or volunteering with TAS, contact Misty at the TIAS e-mail.

19. New Business

a. **Chairperson**

Birthday Night – Discussion and Planning – Outstanding from last year.

Celebration or Birthday Meeting with Birthdays/lengths of recover as the topic.
Move Speaker night to Middle of month, have Birthday Meeting at end of month.
Chips – how can we do that? Online Chip. Mailing out chips can get in the way of Anonymity.

Could make a Birthday Rep. position on the Committee?

We are struggling with topping up Prudent Reserve so buying chips, postage etc. is a consideration.

Possible Format: Reading by Meeting Host then the Recipient and Giver of the virtual Cake to speak for a few minutes.

Celebrate 3 months, 6 months, 9 months and the number of years

MOTION Jeff H to created a Birthday Script and present to Committee at Next Meeting.
Moved: Jeff H Seconded: Misy **Carried**

ACTION – Jeff H to create a script for a Birthday Night for the committee to review and approve.

ACTION – Committee to present a concise suggestion of Birthday Night at next Group Conscience meeting.

b. **Treasurer**

Text Messages from ACU are being sent to a former committee member.
TIAS gets e-mail from Assiniboine Credit Union. Do we need text messages?

MOTION: To remove text messaging notifications from ACU.
Moved Heather L Seconded Patrick D **Carried**

ACTION: Heather L to advise ACU to stop advising TIAS by text. Email only.

TIAS currently has \$418.75 in the Community Builder Chequing account.
We don't have expenses until the Fall (Zoom Account).
WIX is paid for 3 years.

MOTION to move \$400 from Chequing to Savings for the Prudent Reserve
Moved: Heather L Seconded: Christine T **carried**

ACTION: Heather L to transfer \$400 from ACU chequing account into the Savings Account.

c. Secretary

There are non-Members at meetings, [possibly breaking confidentiality and anonymity.
Some people come late and don't hear the announcements about moving to another
space or using headphones.

Can we assume the others are not alcoholics?

Chairs could privately chat with the person that has somebody with them. saying I see you
have someone in the area with you, this meeting is for alcoholics – would you mind
moving to a space where you can be alone or use headphones.

Difficult to do on Zoom as there are people living in smaller homes/apartments.

Some people don't have a big house to move to a private space.

Changing Script needs to go to Group Conscience.

Don't tell people what to do.

People with non-alcoholics in the area could just turn off their camera and the non-
member could still be there.

Hearing a tidbit of information may bring them into the program.

MOTION to advise meeting chairpersons that they can remind a participant of
confidentiality and anonymity.

Moved: Kelsey S Second: Jeff H **carried**

ACTION: Kelsey S will create an email, to be approved by the committee, that says to
Chairs of meetings, that It has come to our attention that there are other people,
maybe non-alcoholics, attending the meetings, please emphasize the line in the meeting
script that says, "If you are around people who are not members of AA, please wear
headphones or head to a space where you can be alone." The email is also to include
information that as Chairpersons. one can ask a participant

ACTION: Once the email is approved by the committee, the message is to be sent to all
meeting chairs.

d. Tech Rep

No new business

e. Intergroup Rep - Regrets

f. Member at Large

No New business

g. GSR

District 11 seems to be more structured and has more information for online groups.

District 11 has all zoom groups on it.

We are able to change the District we belong to.

MOTION: Change our District from District 7 to District 11, pending group approval at Group Conscience.

Moved: Misty Seconded: Jeff H **carried**

ACTION: Bring to Group Conscience

20. Closing the Meeting

MOTION to close the meeting.

Moved by Patrick Seconded by Heather **Carried**

Kelsey Closed the meeting at approximately 12:10 pm with the Responsibility pledge.

Additional NOTES:

Tabled items:

Big Book Format Review – prior to bringing to next Group Conscience.

Group Conscience Items:

Approve Minutes of the Jan. 5/26 meeting (election of a GSR).

Consider adding an online Birthday Night, date and format.

Approve changing our District from District 7 to District 11.

Meetings are on the 3rd Sunday of each month at 11:00 am in the TIAS Zoom Room as follows:

Jan. 18/26	Jul. 19/26
Feb. 15/26	Aug. 16/26
Mar. 15/26	Sep. 20/26
Apr. 19/26	Oct. 18/26
May 17/26	Nov. 15/26
Jun. 21/26	Dec. 20/26

SPECIAL MEETING of There Is A Solution
To elect a General Service Representative (GSR)
Monday, January 5, 2026 at 7:30 pm

Chair: Kelsey S

Minutes: Michelle R

Kelsey S opened the meeting at 7:30 pm with the Serenity Prayer.

Kurt B read the Traditions.

19 Members in attendance, excluding the Chair.

Kelsey S introduced the 2026 Committee Members: Kelsey S. Chairperson, Heather L Treasurer, Michelle R Secretary, Patrick D Tech Rep, Erin Freya Intergroup Rep, Christine T Member at Large and Jeff H Member at Large

Kelsey S introduced Tina C, GSR for the Auto City Group.

Tina C shared her experience as a GSR. Highlights as follows:

GSR is the face of the Group at monthly District Meetings. First District meeting is tomorrow, Jan 6/25 (the 1st Tuesday of the month at 6:30 pm). Knowledge of the 12 Concepts. Need Service Manual. Feel free to ask other GSR's for support (Tina C put her phone number in the chat). Having a Service Sponsor may be valuable. Assemblies (weekends) are 4 time / year and they are Hybrid. GSR and an Alternate GSR work together to be the conduit between the District and the Group and the Group to the District. Typically, service is as an Alternate GSR for 2 years and then move to GSR for 2 more years.

Answers to questions and some comments:

The TIAS Committee meets on the 3rd Sunday of the month at 11:00 am.
Usually need a 2/3 majority to be elected as GSR.
TIAS needs to call a Group Conscience to elect an Alternate GSR to the Committee.

Kelsey S and Members in attendance thanked Tina C.

NOMINATIONS and ELECTIONS:

Christine T nominated Misty, seconded by Patrick D. **Misty accepted** the nomination.

Lori R nominated Kurt B, seconded by Kelly T. Kurt B declined the nomination.

Alison nominated Lori R, seconded by Jeff H. **Lori R accepted** the nomination.

Lori R nominated Heather L, seconded by Manny. Heather L declined the nomination.

Murray Van nominated Alison, seconded by Heather L. **Alison accepted** the nomination.

Lori R nominated Chet, seconded by Manny. Chet declined the nomination.

Lori R nominated Tiny, seconded by Alison. Tiny declined the nomination.

Further nominations were called 3 times. Nominations were closed.

Misty, Lori R and Alison were moved to the Zoom Waiting Room.

Christine T and Jeff H were responsible to count votes.

17 Members were eligible to vote at this time.

Votes were cast.

Misty was elected as TIAS GSR.

MOTION to close the meeting. Moved: Michelle R, Seconded: Buffy

Kelsey S closed the meeting at 8:16 pm with the Responsibility Statement.

There Is A Solution Election Meeting

November 8, 2025

Committee Members Present:

Corinne P – Chair

Heather L – Secretary

Michelle R – Treasurer

Kelly T – Intergroup Rep

Steve U – Tech Rep

Kelsey S – Member-at-Large

Manny M – Member-at-Large

Total meeting participants: 30 at 9:35 am, including the committee members and excluding the Chairperson.

Corinne P opened the meeting at 9:30 am with a moment of silence and the Serenity Prayer.

Christine T, Buffy, and Sandy S read the Preamble, How it Works and the 12 Steps.

Kelsey S read the 12 Traditions.

Chair: Corinne P

Waiting room: Kelly T

Counting the votes: Steve U

Minutes: Michelle R (for Heather L)

Steve U encouraged members to see full position descriptions on the website (www.thereisasolution.ca) and provided a link to the descriptions in the chat.

Election of Chair Position

Corinne P provided a summary of the Chair position

Misty nominated Kelsey S, 2nd by Louis D; Kelsey Accepted

Steve U nominated Michelle R 2nd by Louis D Michelle R Declined

Chet nominated Jeff 2nd by Kurt Jeff H Accepted

Kelsey S and Jeff H were placed in waiting room while members voted.

Kelsey S elected as Chair by majority

Election of Secretary Position

Corinne P provided a summary of the Secretary position

Chet nominated Heather, 2nd by Kelsey S Heather Accepted

Kelly T nominated Sandy S 2nd by Don B Sandy Declined

Heather L elected as Secretary by acclamation

Election of Treasurer Position

Corinne P provided a summary of the Treasurer position

Patrick D nominated Michelle R 2nd by Heather L Michelle R Declined

Chet nominated Jeff H 2nd by Christine T Jeff Declined

Don nominated Patrick D 2nd Louis Patrick D Declined lined

Murray Van nominated Don B 2nd by Steve U Don B Declined

Kelly T nominated Kurt 2nd Kelsey S Kurt Declined

All nominees declined at this time – position vacant.

Please see notes near the end of the Minutes.

Election of Tech Rep

Corinne P provided a summary of the Tech Rep position

Kelsey S nominated Patrick D 2nd by Manny M Patrick D Accepted

Chet nominated Steve U, 2nd by Louis D Steve Declined

Kelsey S nominated Jeff H 2nd by Christine T Jeff H Declined

Patrick D elected as Tech Rep by acclamation

Election of Intergroup Rep Position

Corinne P provided a summary of the Intergroup Rep position

Manny M nominated Erin Freya 2nd by Misty Erin Freya Accepted

Chet nominated Manny M 2nd by Kelsey S Manny M Declined

Kelsey S nominated Jeff H 2nd by Louis D Jeff H Declined

Erin Freya elected as Intergroup Rep by acclamation

Election of Member-at-Large – 2 Positions

Corinne P provided a summary of the Member-At-Large position

Member-At-Large Position 1

Kelsey S nominated Christine T 2nd by Jeff H Christine T Accepted

Murry Van nominated Alison W 2nd by Erin Freya Alison Accepted

Michelle R nominated Kelly T 2nd by Kurt Kelly T Declined

Buffy nominated Jeff H 2nd by Patrick D Jeff H Accepted

Manny M nominated Misty 2nd by Chet Misty Accepted

Don B nominated Chet 2nd by Kelsey S Chet Declined

Steve U nominated Murray Van 2nd by Kelsey S Murray Van Declined

Patrick D nominated Manny M 2nd by Kurt Manny M Declined

Christine T, Alison W, Jeff H and Misty were placed in the waiting room while members voted.

Christine T elected as Member-At-Large by majority

Member-At-Large Position 2

Murry Van nominated Alison W 2nd by Erin Freya Alison W Accepted

Michelle R nominated Kelly T 2nd by Kurt Kelly T Declined

Buffy nominated Jeff H 2nd by Patrick D Jeff H Accepted

Manny M nominated Misty 2nd by Chet Misty Accepted

Don B nominated Chet 2nd by Kelsey S Chet Declined

Steve U nominated Murray Van 2nd by Kelsey S Murray Van Declined

Patrick D nominated Manny M 2nd by Kurt Manny M Declined

Alison W, Jeff H and Misty were placed in the waiting room while members voted.

Jeff H elected as Member-At-Large by majority

* Heather resigned her position as Secretary stating that she would like to fill the Treasurer position.

Treasurer RE-election

Patrick D nominated Heather L 2nd by Kurt B Heather Accepted

Kelsey S nominated Steve U 2nd by Kelly T Steve Declined

Murray nominated Alison W 2nd by Don B Alison W Accepted

Heather L elected as Treasurer by majority

This left the Secretary position available.

Secretary RE-election

Buffy nominated Alison W 2nd by Don B Alison W Declined

Patrick D nominated Michelle R 2nd by Jeff H Michelle originally declined and then Accepted

Kelsey S nominated Steve U 2nd by Chet Steve U Declined

Kelly T nominated Kurt B 2nd by Manny M Kurt B Declined

Michelle R elected as Secretary by acclamation

Next committee meeting: Sunday, November 16, 2025 at 11am, following the Sunday Big Book Meeting. Outgoing and Incoming committee members to attend.

Kelly T reminded incoming committee members to forward their contact information to the current Secretary, Heather L.

Michelle moved to close meeting 2nd by Murray Van

Corinne P closed the meeting with responsibility declaration and the 10th Step Prayer at

10:42 AM

Minutes – Special Committee Meeting

November 4, 2025

In attendance: Regrets: Members in attendance:

Kelsey S. Corinne P. Misty

Kelly T. Steve U. Christine T.

Michelle R. Jeff H.

Manny M.

Heather L.

Michelle R. offered to take Minutes as Heather L. was unable to this evening.

Kelsey S. opened the meeting at 5:33 pm with a moment of silence and the Serenity Prayer.

Kelly T. read the Twelve Traditions.

Lively conversation about the following themes were expressed by all in attendance:

- Anything that needs to be changed (Meeting Scripts, adding a GSR position, changing the length of service for the Chairperson from 1 year to 2 years, is to be brought to the Membership at Group Conscience. The committee is a trusted servant; it does not govern.
- Some Members expressed their concerns about the changes to the Meeting Script and other items that the Committee is considering, during their shares at this morning's Meeting.
- Transparency, as was brought up at the recent Group Inventory, is needed.
- Minutes of committee meetings are posted on the website for everyone to read.
- There appears to be division and mistrust in the group and on the committee.
- Trusted servants need to be trusted.
- It is believed that individual committee members are running things.

MOTION: "That the revised Meeting Scripts not come in to being until agreed upon at the Group Conscience." Moved by Michelle R., Seconded by Kelly T. Carried unanimously

MOTION: "That adding a GSR position to the Committee and changing the length of term for the Chairperson from 1 year to 2 years be brought to the Membership at the next Group Conscience." Moved by Michelle R., Seconded by Heather L. Carried unanimously

Kelsey S. to contact Steve U. to advise that the Meeting Scripts are not to be uploaded to the website tonight.

Michelle R. to send Minutes to Steve U. for posting to the website tonight.

More lively discussion regarding the following themes:

- The committee is governing, not serving the membership.
- If something in the Minutes needs to be changed or added, this can be requested at the following meeting.

Kelsey S. left the meeting.

Michelle R. moved to close the meeting at 6:22 pm, Seconded by Heather L.

Michelle R. closed the meeting with the Responsibility Declaration.

**There Is A Solution
Committee Meeting Minutes
October 19, 2025 – 11am on Zoom**

Attendance:

Absent:

Corinne P. - Chair
Michelle R. – Treasurer
Heather L. – Secretary
Kelly T. – Intergroup Rep
Steve U. – Tech Rep
Kelsey S. – Member at Large
Manny M. – Member at Large

1. Opening Remarks

- Corinne opened the meeting with a moment of silence followed by the Serenity Prayer @ 11:00am.
- Steve read the 12 traditions

2. Review and Acceptance of Minutes

- Kelly motioned to accept the minutes as written; 2nd by Michelle, minutes accepted as written

OLD BUSINESS

1. Chair Report

- No old business
- Responding to emails

2. Treasurer's Report

- Financial statement emailed
- Maintenance S/C is fee for transfer from savings to chequing account
- Zoom account renewed on Jeff H card, Jeff H reimbursed

3. Secretary Report

- No new Business

4. Intergroup Report

- Kelli R. will chair our Group Inventory and Wendy W. will record notes
- Kelli R. has accepted our questions and will bring others to the table
- G.S.R. position description provided to Steve for update on website

5. Tech Rep Report

- Updated October and November schedule
- Waiting on Members at Large to advise November speaker

6. Member-at-Large

- no old business
- working on November speaker

NEW BUSINESS

1. Chair Report

- Email from the meeting chairperson requesting that cameras be turned off during the meeting. The meeting chairperson was messaged for further information on this request; no response was received.
- Corinne requested to use the TIAS zoom room for a women's big book study Sunday 3:00-4:00pm. Request approved.

2. Treasurer's Report

- Financial Report for the period of September 1-30, 2025:

For our OPERATING Account:

Business Account Balance at Sept 1, 2025	\$ 246.01
7 th Tradition Contributions for	\$ 320.00
Total Income for September	\$ 566.01
Transfer from Savings Account	\$ 275.00
Expenses for the month of	\$ 836.26
7 th Traditions Remitted, WIX renewal, S/C	
Prudent Reserve Account Balance at	\$ 554.45
Interest Earned	\$.37
Transfer, S/C	\$ 276.00-
Account Balance as at month end	\$ 278.82
(Our prudent reserve is to be \$550.00)	
Assiniboine Credit Union Share	\$5.00

Community Builder Chequing Account:

\$ 246.01 Balance on Sept. 1/25

- + \$ 320.00 Tradition 7 contributions from Members **
- \$ 122.67 7th tradition paid to Michelle R.-reimburse for payment on her credit card to New York General Service Office
- \$ 122.67 7th tradition paid to AA Manitoba
- \$ 122.67 7th tradition paid to Central Office
- \$ 3.00 to send 3 e-transfers for contributions to the 3 arms of service as noted above
- + \$ 275.00 Transferred in from Savings account to cover reimbursement to Patrick D. for payment on his credit card for the WIX Website platform
- \$ 465.25 WIX platform renewal (3-year term which renews Sept. 23,2028)
- = **\$ 3.75 Balance on Sept. 30/25**

** Patrick D. paid for the thereisasolution.ca domain name from his personal credit card in the amount of \$20.79 (\$19.80+0.99 GST) for a 1-year term (Oct. 14/25 – Oct. 14/26). He would not

like to be reimbursed for this expense. Patrick D. requests that we consider this as part of his 7th tradition contribution to the group and advises that no further action is required on the committee's part.

Community High Interest Savings Account:

\$ 554.45 Balance on Sept. 1/25

- \$ 275.00 Transfer to Chequing account to pay for WIX website platform from chequing account
- \$ 1.00 Maintenance Service Fee. I have e-mailed Assiniboine Credit Union to see what this charge is
- + \$ 0.37 Interest earned
- = **\$ 278.82 Balance on Sept. 30/25**

Prudent Reserve in savings is to be \$550.00. We need to save up again.
Co-op Share is \$5.00

New Business:

Account balances as of October 15/25 are as follows:

Chequing \$ 38.75
Savings \$ 278.82
Total = \$ 317.57

Our Zoom account renewal will be due some time in November 2025. The cost should be approximately \$250.00. This expense gets charged to Jeff H.'s credit card and we reimburse him. We will have enough funds to reimburse Jeff H.

We now need to build up our savings to the required \$550.00. At the next Group Conscience, I would like to propose that we increase the amount of the Prudent Reserve to \$1,000.00.

- Michelle motioned to amend the Chairperson's position changed to be a 2-year term staggered with the treasurer's term effective November 8, 2025. 2nd by Kelsey. Committee unanimously approved

3. Secretary

- No new Business

4. Intergroup Report

- Kelly T. attended the Area 80 Election Assembly Friday evening and Saturday afternoon (Oct. 17th and 18th)
Area 80 Delegate - Kathy M.
Area 80 Alt Delegate - Tara S.
Area 80 Chair - Chris W.

Area 80 Treasurer - Dwight V.
Area 80 Registrar - Denise D.
Area 80 Secretary - Michelle B.

- one ballot went to the hat as the candidates were deadlocked
- Some changes coming to Central Office (CO) on Portage Avenue
CO is changing their locks so if you are a keyholder, hand back your key
CO is undertaking some renovations
and MB Central Office is considering increasing their prudent reserve to approximately \$40k - \$45k

5. Tech Rep

- Steve requested to have the current AA Events tab to be directly linked to the AA Manitoba.org calendar
- Tab to be renamed AA Events

6. Members-at-Large

- No new business
- Meeting chairperson shut off the ability for participants to change their names during meetings. This process should not be used.

Closing the Meeting

- Corinne motioned we close the meeting at 12:32 pm; 2nd by Kelsey; Corinne closed the meeting with the Responsibility Declaration.

Tabled Issues/Items

-

Group Conscience Items

- Increase TIAS Prudent reserve account to \$750.00 or \$1,000.00

Next Meeting: (3rd Sunday of each month), 11am, TIAS Zoom room

2025 Meeting Dates:

~~Jan. 19/25~~

~~Feb. 16/25~~

~~Mar. 16/25~~

July 20/25

Aug. 17/25

Sept. 21/25

Apr. 20/25
May 18/25
June 15/25

Oct. 19/25
Nov. 16/25
Dec. 21/25

There Is A Solution
Committee Meeting Minutes
September 21 2025 11am on Zoom

Attendance:

Absent:

Corinne P. - Chair
Michelle R. – Treasurer
Heather L. – Secretary
Kelly T. – Intergroup Rep
Steve U. – Tech Rep
Kelsey S. – Member at Large
Manny M. – Member at Large

1. Opening Remarks

Corinne opened the meeting with the Serenity Prayer @ 11:00am.
Kelly read 12 traditions

2. Review and Acceptance of Minutes

Corinne motioned to accept the minutes for July and August meetings as written. Michelle approved the motion, 2nd by Steve.

OLD BUSINESS

1. Chair Report

No old business

2. Treasurer's Report

Emailed financial report to committee.
Current bank balance as of Sept 21/25 is \$296.01.

3. Secretary Report

No new business

4. Intergroup Report

Kelly R. is confirmed to chair the Group Inventory on Saturday, October 25/25 @ 9:30am
Kelly T is check with Kelly R about who might serve as secretary from St. Vital Group for the TIAS Group Inventory on Saturday, October 25/25.

5. Tech Rep Report

Updating site on an as needed basis.
Joy and Service, Keystone Conference, and Area 80 Manitoba General Service October Election Assembly posters added to the site.

6. Member-at-Large

No old business to report
Working on October speaker, once confirmed will advise Steve to post in announcements.
Manny has a backup list of speakers.

NEW BUSINESS

1. Chair Report

No new Business

2. Treasurer’s Report

Michelle motioned to add a “GSR”, General Service Representative position to our committee. Steve approved the motion, 2nd by Corinne
Michelle received an email from New York recognizing TIAS for its contributions to service.

Financial Report for the period of August 1-31 2025:

For our OPERATING Account:

<u>Business Account Balance August 1/252025</u>	<u>\$ 166.01</u>
<u>7th Tradition Contributions from Members</u>	<u>\$ 80.00</u>
<u>Total Income for August 2025</u>	<u>\$ 246.01</u>
<u>Expenses for the month of</u>	<u>\$</u>
<u>Prudent Reserve Account Balance at</u>	<u>\$554.00</u>
<u>Interest earned</u>	<u>\$.45</u>
<u>Account Balance as at month end</u>	<u>\$554.45</u>
<u>(Our prudent reserve is to be \$550.00)</u>	
<u>Assiniboine Credit Union Share</u>	<u>\$5.00</u>

New Business:

Tradition 7 contributions to the 3 arms of service (New York, AA Manitoba, and Central Office were made on September 15, 2025.

3. Secretary

No new business

4. Intergroup Report

Group Inventory - October 25/25 9:30 am

- Kelli R. from St. Vital Group will chair our Group Inventory; we still need someone to act as Secretary - they also must be from another group to ensure impartiality; Kelly T. to finalize that
- Kelly T. emailing Kelli R. questions for our Inventory:

1. How does TIAS choose the "right" people for service? eg. could our Treasurer role be filled by someone in Texas? nope
2. How does TIAS participate in General Service? ie. PICPC, Corrections, Treatment, TAS
3. How does TIAS keep our meetings feeling safe?

4. How do we communicate as a committee and as a membership? Facebook, text, email, website, etc.

5. Is our meeting place welcoming? are we greeting people as they enter the room?

The chairperson conducting the group Inventory will be adding additional questions to the above list.

5. Tech Rep

To update Meeting minutes. Update site as needed.

6. Members-at-Large

No new Business

Closing the Meeting

Corrinne motioned we close the meeting at 12:30 pm; Michelle approved the motion; 2nd by Kelsey. Corinne closed the meeting with the Responsibility Declaration.

Tabled Issues/Items

Elections - November 8/25

- TIAS agreed to create a GSR position to be elected at Nov. 8/25 9:30 am meeting

-TIAS morning meetings (9:30am) extended past the 1 hour time limit of 10:30am. It has been noticed meeting attendees are leaving at 10:30 and due to the extension of the meeting are not hearing the announcements or the closing script of the meeting. To be revisited at the Oct 19/25 committee meeting.

Group Conscience Items

Group Conscience - December 6/25 @ 9:30am

- change the Sunday big book reading, in that the portions read are shortened; ie. essentially lengthen the schedule

- 4th arm of service Tradition 7? if yes, then 25%/25%/25%/25%, Central Ofc/Gen Svc/MB Gen Svc/District 7

- locking zoom room

Next Meeting: (3rd Sunday of each month), 11am, TIAS Zoom room

2025 Meeting Dates:

~~Jan. 19/25~~
~~Feb. 16/25~~
~~Mar. 16/25~~
~~Apr. 20/25~~
~~May 18/25~~
~~June 15/25~~

~~July 20/25~~
~~Aug. 17/25~~
~~Sept. 21/25~~
Oct. 19/25
Nov. 16/25
Dec. 21/25

**There Is A Solution
Committee Meeting Minutes
August 17, 2025, 11am on Zoom**

Attendance:

Corinne P. - Chair
Michelle R. – Treasurer
Heather L. – Secretary
Kelly T. – Intergroup Rep
Steve U. – Tech Rep
Kelsey S. – Member at Large
Manny M. – Member at Large

Absent:

1. Opening Remarks

Corinne opened the meeting with the Serenity Prayer @ 11:07 am.
Kelly read 12 traditions

2. Review and Acceptance of Minutes

Corinne motioned to proceed without the minutes from previous meeting on July 20, 2025.
Michelle 2nd the motion

OLD BUSINESS

1. Chair Report

Responding to emails

2. Treasurer's Report

Emailed report to everyone
Bank balance currently on July 1 was \$46.01

3. Secretary Report

Message committee members reminder of July 20, 2025 meeting
No new business

4. Intergroup Report

No new business.
Meetings on hiatus until September.

5. Tech Rep Report

Updating June and July meeting minutes

6. Member-at-Large

No old business to report
AI person joined meeting-removed immediately
Co-Host system working well to control Bots.

NEW BUSINESS

1. Chair Report

No new Business

2. Treasurer's Report

Financial Report for the period of July 1-31 2025:

For our OPERATING Account:

Business Account Balance at July 1, 2025	\$ 46.01
---	-----------------

7 th Tradition Contributions from Members	\$120.00
Total Income for July 2025	\$166.01
Expenses for the month of	\$
Prudent Reserve Account Balance at	\$553.60
Interest earned	\$.40
Account Balance as at month end	\$554.00
(Our prudent reserve is to be \$550.00)	
Assiniboine Credit Union Share	\$5.00

3. Secretary
No new business

4. Intergroup Report
Group Inventory rescheduled to Saturday, December 6, 2025 at 9:30am.
Chairperson for Group Inventory meeting needs to understand purpose and commitment.
Reach out to Kelly R., Jolene, David B. to see if either would be of service as a chairperson for our Group Inventory meeting.

5. Tech Rep
To update Meeting minutes.

6. Members-at-Large
No new Business

Closing the Meeting

Corrinne motioned we close the meeting at 11:56 pm; 2nd by Michelle; Corinne closed the meeting with the Responsibility Declaration

Tabled Issues/Items

Group Conscience Items

Next Meeting: (3rd Sunday of each month), 11am, TIAS Zoom room
2025 Meeting Dates:

Jan. 19/25	July 20/25
Feb. 16/25	Aug. 17/25
Mar. 16/25	Sept. 21/25
Apr. 20/25	Oct. 19/25
May 18/25	Nov. 16/25
June 15/25	Dec. 21/25

There Is A Solution Committee Meeting Minutes July 20, 2025 – 11am on Zoom

Attendance:

Absent:

Corinne P. - Chair
Michelle R. – Treasurer
Heather L. – Secretary
Kelly T. – Intergroup Rep
Steve U. – Tech Rep
Kelsey S. – Member at Large
Manny M. – Member at Large

1. Opening Remarks

Corinne opened the meeting with the Serenity Prayer @ 11:00am.
Kelly read the 12 Traditions

2. Review and Acceptance of Minutes

Michelle motioned to accept the minutes as written; 2nd by Kelly, minutes accepted as written

OLD BUSINESS

1. Chair Report

Responding to emails

2. Treasurer's Report

Sent new monthly financial report.
Balance as at June 30/25 is \$46.01

3. Secretary Report

Sent reminder to committee of meeting Sunday, July 20/25 @ 11:00am
Emails from TIAS Gmail are not being received

4. Intergroup Report

The committee agreed to hold our first Group Inventory on Oct. 25/25 at 930am
Kelly T. to arrange a chair and secretary for this meeting
Kelly T. to send the committee suggested questions
Kelly T. to share "Joy in Service" video created by our DCM Committee (Kelli R.) at the beginning of some TIAS meetings during August – in an effort to promote the "Joy in Service" zoom workshops taking place in September

5. Tech Rep Report

June minutes to be entered into site and updated.

6. Member-at-Large

No old business
Members requested for speaker meetings have fulfilled obligations

NEW BUSINESS

1. Chair Report

Requested process for confirming meeting attendance for documentation.

Member requesting email confirming meeting attendance sent to employer who has provided employer contact to be sent from TIAS Gmail.

Chairperson's responsibility to obtain pertinent information, email person requesting confirmation and "CC" TIAS committee

Steve to create a fillable form detailing pertinent information confirming person's meeting attendance and email person requesting attendance and "CC" committee.

Contact all chairpersons and advise they need to assign 2 co-hosts and ensure the 2nd co-host is aware and watched for "BOT" or troubled person

A 1st warning to be given and meeting guidelines to be given to a troubled person, and if behavior continues person will be removed from the meeting. Love & Tolerance to be exhibited as the group code in these situations.

2. Treasurer’s Report

No new business

Financial Report for the period of June 2025:

For our OPERATING Account:

Business Account Balance at June 1, 2025	\$265.01
7 th Tradition Contributions for	\$255.00
Total Income for June 2025	\$520.01
Expenses for the month of	\$474.00
Prudent Reserve Account Balance at	553.21
Interest earned	.39
Account Balance as at month end	\$553.60
(Our prudent reserve is to be \$550.00)	
Assiniboine Credit Union Share	\$5.00

3. Secretary

No new business

4. Intergroup Report

No new business as Intergroup meetings absent for summer

5. Tech Rep

Requested name and group of August speaker to update TIAS site

Suggested new people in the meeting share earlier during the meeting to help determine if a zoom bomber or BOT.

Suggested to ask new person to repeat their name after they have shared for a short time, as this will interrupt a bomber/BOT transmission.

6. Members-at-Large

Zoom Bombers noticed at several evening meetings, Kelsey removed same.

Suggested meeting chairpersons ensure they have co-hosts who can focus on any bomber/BOTs or troubles during the meeting and take the necessary steps.

Closing the Meeting

Corinne motioned to close the meeting at 12:00 pm; 2nd by Michelle; Corinne closed the meeting with the Responsibility Declaration

Tabled Issues/Items

Group Conscience Items

Next Meeting: (3rd Sunday of each month), 11am, TIAS Zoom room

2025 Meeting Dates:

Jan. 19/25	July 20/25
Feb. 16/25	Aug. 17/25
Mar. 16/25	Sept. 21/25
Apr. 20/25	Oct. 19/25
May 18/25	Nov. 16/25
June 15/25	Dec. 21/25

There Is A Solution Committee Meeting Minutes June 15, 2025, 11am on Zoom

Attendance:

Corinne P. - Chair
Michelle R. – Treasurer
Heather L. – Secretary
Kelly T. – Intergroup Rep
Steve U. – Tech Rep
Kelsey S. – Member at Large
Manny M. – Member at Large

Absent:

1. Opening Remarks

Corinne opened the meeting with the Serenity Prayer @ 11:00am.
Kelly read 12 traditions

2. Review and Acceptance of Minutes

Corinne motioned to forgo the minutes from previous meeting on May 18, 2025, due to no quorum in attendance. Michelle 2nd the motion

OLD BUSINESS

1. Chair Report

Nothing to report

2. Treasurer's Report

Emailed report to everyone

Bank balance currently at \$480.01

Contributions to 3 arms of service to be completed June 15/16, 2025

3. Secretary Report

Message committee members reminder of June 15, 2025, meeting

4. Intergroup Report

Nothing to report

5. Tech Rep Report

Update last month meeting minutes which had no quorum

No meeting minutes for April 2025

No response to May's intergroup question

6. Member-at-Large

No old business to report

NEW BUSINESS

1. Chair Report

Corinne motioned for the appointment of Kelly T to further research moving forward with a group inventory. Michelle 2nd the motion.

Corinne to contact Friday evening chairperson to advise numerous meetings missed.

A new chairperson for Friday evening meeting to be sought, group announcements to be updated.

2. Treasurer's Report

Financial Report for the period of May 2025:

For our OPERATING Account:

Business Account Balance at May 1, 2025	\$210.01
7 th Tradition Contributions from Members	\$ 55.00
Total Income for May 2025	\$265.01
Expenses for the month of	\$
Prudent Reserve Account Balance at	\$552.81
Interest earned	\$.40
Account Balance as at month end	\$553.21
(Our prudent reserve is to be \$550.00)	
Assiniboine Credit Union Share	\$5.00

3. Secretary

No new business

4. Intergroup Report

- Central Office needs volunteers for Telephone Answering Service (TAS) - it's easy and you don't have to go to Central Office to be of service; talk to Kelly T. for more details; contact Trysha C.
- on this note, Central Office is also looking at changing the telephone system
- the current process remains until a new system is arranged

- The Nest at Siloam Mission needs people to chair meetings: 2nd, 4th and 5th Sunday (if needed) at 1pm

- Group Question for June Meeting: What does your group do as it relates to accessibility? (eg parking/wheelchair accessible/closed captioning for online meetings etc.)

- Central Office will conduct a quarterly review on the dollar amount to be transferred into their prudent reserve by the Chair and Treasurer up to max of 45 thousand dollars total. - VOTE 28 For/None Against = PASSED

- Steve L. Treatment Wpg Intergroup - call for donation of Big Books for military bases

- Keystone Conference David B. - If you are interested in serving on the Keystone Conference Committee, we meet Thursday, May 8 at 5:30 pm. Our meeting is hybrid; we will be at Central Office and on Zoom. Info is available on the AA Manitoba Event Calendar.
- Wpg Intergroup meetings not taking place in July or August; meetings will resume in September
- Joy In Service Virtual Workshop - 3 consecutive Fridays, Sept. 12th, 19th, 26th @ 7pm - being run by District 7/12; email Tom D. for Registration
- DCM tradition 7; should we give Tradition 7 to our District 7/12
- Kelly T. to investigate the Group Inventory process and have info for the July 2025 TIAS committee meeting

5. Tech Rep

No new Business

Requested June intergroup question to update meeting script

To update meeting script with question to attendees reflecting a final opportunity to share before the meeting closes.

6. Members-at-Large

Friday evening chairperson attending irregularly to complete commitment.

Prayers being used in meetings which are not AA accepted. Accepted prayers to be used at the meetings as have been chosen by our Group Conscience.

Kelsey to advise the chairperson on this matter.

Kelsey to update Steve (Tech Rep) with the particulars of the speaker for the July meeting.

Closing the Meeting

Corrinne motioned we close the meeting at 12:07 pm; 2nd by Michelle; Corinne closed the meeting with the Serenity Prayer,

Tabled Issues/Items

Meeting Attendees not able to share due to time constraints

Question to be added to the meeting script giving meeting attendees a final opportunity to share before the meeting closes.

Group inventory is it wanted, and should it be undertaken? Motion was moved to appoint -Kelly to reach out a final time to the email concerning the meeting attendee who wasn't given the opportunity to share in addition to contacting Brenda at head office to update on this situation,

Group Conscience Items

Does TIAS make contributions to the 4th arm of service as groups are struggling?

Next Meeting: (3rd Sunday of each month), 11am, TIAS Zoom room

2025 Meeting Dates:

Jan. 19/25	July 20/25
Feb. 16/25	Aug. 17/25
Mar. 16/25	Sept. 21/25
Apr. 20/25	Oct. 19/25
May 18/25	Nov. 16/25
June 15/25	Dec. 21/25

MINUTES

There is A Solution Special Member's Meeting to Elect a Group Secretary

Saturday, May 24, 2025 at 9:30 a.m.

With 19 members present, Corinne P. opened the meeting at 9:30 a.m. with a moment of silence for the still suffering alcoholic, followed by the Serenity Prayer

Members read: Preamble, How It Works, the 12 Steps and the 12 Traditions.

Corinne P. explained the election process and read the Position Description of the Secretary.

She then opened the floor for nominations.

Michelle R. nominated Heather L. - Seconded by Kurt B.

Heather L. accepted the nomination.

With no other nominations, Heather L. was elected Secretary by acclamation.

The Special Member's meeting was adjourned at 9:40 a.m.

There Is A Solution

Committee Meeting Minutes May 18, 2025 – 11am on Zoom

Committee Member in Attendance:

Corinne P. – Chair Michelle R. – Treasurer Steve U. – Tech Rep.

Committee members in Absence: 3

- Until Manny M came toward the end, and then only 2 absent

Kelly T. – Intergroup Rep

Kelsey S. – Member at Large Manny M. – Member at Large

Non-Committee members in Attendance:

Kimberly N. – Group Member serving as Temp/Volunteer Secretary for this meeting)

Quorum (4 committee members) was not met, therefore committee meeting deferred until next month. Manny M came late but committee members all agreed to continue to let it ride until next month.

Informal discussion points:

Next Saturday (May 25) at 9:30 am there will be a brief election for secretary to fill the position. Corrine will run it briefly and then Steve U will carry on with regular Saturday meeting.

Michelle R. confirmed having already sent in her financial report to the committee and had addressed a mistake she initially made that has now/already been corrected.

Heather L. has communicated she will let her name stand if nominated.

Kimberly N inquired about the position.

Manny M showed up towards the end of the time allotted, and though Quarum was now officially achieved the group maintained their decision to let the scheduled meeting ride until next month. Manny said he had a July speaker.

Steve U. stated he would like to update the speakers on the website for the next two months (Phil B for May, Kristiana for June). He also will update the website meetings, schedules, announcements, and small amounts of other information (ex/ response emails he hopes to receive regarding the may intergroup meeting question).

Steve U. directed Kimberly N. to Manny M. and Kelsey S. if she wanted to share her story.

There Is A Solution

Committee Meeting Minutes

March 16, 2025 – 11am on Zoom

Attendance:

Absent: 1 Manny

Corinne P. – Chair

Michelle R. – Treasurer

Christine T. – Secretary

Kelly T. – Intergroup Rep

Steve U. – Tech Rep

Kelsey S. – Member at Large

Manny M. – Member at Large

1. Opening Remarks

- Corinne opened the meeting with the Serenity Prayer @ 11:00am.
Kelly T followed with the Traditions.

2. Review and Acceptance of Minutes

- Michelle motioned to accept the minutes as written; 2nd by Kelly, minutes accepted as written.

OLD BUSINESS

1, Chair Report

- Nothing to report

2. Treasurer's Report

- Report was sent

3. Secretary

- Nothing to report
- Add Skye to host and Gmail account
- Remove password for account from last email

3. Intergroup Report

- met on Monday, Jan. 8/25 @ Central Office
- WIA needs a secretary, talk to me if you want details on the position
- Treasurer for Intergroup gave Nov 2024 report - surplus of \$14 000
- TAS 1Q2025 schedule on aamanitoba.org; contact Kelly T. if you would like a kit
- would like people to volunteer to share their story, Monday nights, 630p at Geoffrey's Gardene Reunification Centre, 490 Maryland Ave; and looking for chairs for 1130am at Geoffrey's Gardens Outreach Centre at 451 Furby Street;
- Corrections Rep is needed at the Intergroup Level

MB Keystone Conference Committee invites AAs to volunteer for service on this committee;

- Friends of Central Office - members interested in running the day-to-day work of Central Office can be trained
- Emergency Preparedness Plan for WIA & CO - looking for members to volunteer in
Preparing the report
 - Last group conscience meeting was October 19th, 2024

4. Tech Rep

- Steve wants to reduce work regarding announcements by adding and deleting the following:

- Add link on meeting script for announcements
 - Remove area 80 announcements
 - Add group conscience tab
- Add BB anniversary flyer to website

5. Member-at-Large

- Manny is our February speaker
- March speaker is still in the works.

Group Conscience Item

- March 14, 2025 will be the next group conscience. The following are the topics:
 - Locking zoom room
 - All were in favor of answering questions from NY
- District 7 is looking for more representatives from online groups, who are interested.

NEW BUSINESS

1, Chair Report

- There were a ton of emails this Month, Kelly went through all of them.
 - Date for group conscience has been changed to Friday, March 21st.
- Eleven meetings were missed at the HSC detox unit this Month. There is concern as we were a part of missing our service responsibility.
- As a Committee, do we feel the need to have a GSR and Treatment Rep? Yes to both.
 - Kelly can commit to going to GSR meetings.

2. Treasurer's Report

- Report was sent and updated.
- Corinne wonders if ACU is necessary to approve transactions. Yes it is.

3. Secretary

- No new business.

3. Intergroup Report

Report is as follows:

Events

- The Welcome Group's 55th Anniversary is taking place on March 22.
- The Area 80 General Service Assembly is taking place in Souris April 4-6th.
- The Westman Intergroup AA Round up is being held on May 24th at the Boots Hill
 - Event Venue in Cornwallis, MB.
- The Keystone Conference needs volunteers. The conference dates (Oct 3rd and 4th, 2025). The theme of this year's conference is:
 - "Freedom from Bondage".
- These events have been added to the AAManitoba.org event calendar.

Treatment Facilities

- A letter has been sent out to the supervisor of Addictions and Mental Health (formerly AFM)
- Men's Services - addressing the upcoming change to AA's role in supporting the facility.
- This letter is primarily asking for more dialogue between AA and Men's Services as to
 - Where we may continue to be of service.
- If your group doesn't have a Treatment rep and you would like to clarify what days your group is committed to chair meetings at HSC, please contact Treatment liaison Steve L. at
 - skillyons@gmail.com.
- Additionally, if your group is unable to make a certain meeting, please inform either HSC
- Liaison Neale G. at nealegillespie@rogers.com or Area 80 Treatment Chair Jane T. at treatmentchair@aamanitoba.org with as much notice as possible to try to get the meeting covered.
 - PICPC - Public Information and Cooperation with Professional Community

- PICPC is always looking for people who can sign up on a roster of future volunteers to attend events, sit at booths etc. The form can be found at <https://aamanitoba.org/information-for-Professionals/#volunteer>.

Central Office

- Central Office Vacation Relief – We are always looking for people to fill in at Central Office when staffs are away. Remember, this is paid relief, you will receive payment for any hours worked. Training is available.

Monthly Question

- The following is April's Group Report Question:
 - "What does your group do for new people when they come in?"
 - Kelly resent the report as there were changes made.
 - How do we want to go through the NY report?
 - We can reach out to those who know.
 - How interested are we to participate?
- Michelle has experience and recommends to randomly picking 3 questions that relate to our group.
 - Kelly recommends PICPC questions then hot topics? She will email the hot topic questions to all members.
 - We can set up a Group Conscience to get feedback for these hot topic questions.
 - Kelly can see how overwhelming this discussion may be at the moment, however it is a great opportunity to voice our opinions and maybe we will be considered with the GSR, rather than an afterthought.
 - Michelle motions that we post the questions to the membership at a Group Conscience. Kelly will make a summary of the questions; Steve can post this in the announcements. We will take answers from the Group Conscience and send to Tom from head office.
 - Kelly seconds this.

4. Tech Rep

- Steve updated announcements since last meeting.
 - He removed gratitude day poster.

- Added March speaker.
- Update meeting minutes TO DO.
 - Add group questions.

•

5. Member-at-Large

- Manny found David K. as our March speaker.

•

Closing the Meeting

- Corinne motioned we close the meeting at 1215 pm; 2nd by (Michelle; (Corinne) closed the meeting with the Serenity prayer.

Tabled Issues/Items

- Kelsey to create a virtual chip

Group Conscience Items

- Meeting has been changed to Friday, March 21st.

Next Meeting: January 19, 2025 (3rd Sunday of each month), 11am, TIAS Zoom room

2025 Meeting Dates:

Jan. 19/25

July 20/25

Feb. 16/25

Aug. 17/25

Mar. 16/25	Sept. 21/25
Apr. 20/25	Oct. 19/25
May 18/25	Nov. 16/25
June 15/25	Dec. 21/25

Closing the Meeting

- Michelle motioned we close the meeting at 1210 pm; 2nd by Corinne; Corinne closed the meeting with the Responsibility statement.

Tabled Issues/Items

- Kelsey to create a virtual chip

There Is A Solution Committee Meeting Minutes February 16, 2025 – 11am on Zoom

Attendance:

Absent: 0

Corinne P. – Chair
Michelle R. – Treasurer
Christine T. – Secretary
Kelly T. – Intergroup Rep
Steve U. – Tech Rep
Kelsey S. – Member at Large
Manny M. – Member at Large

1. Opening Remarks

- Corinne opened the meeting with the Serenity Prayer @ 11:00am.

2. Review and Acceptance of Minutes

- Corinne motioned to accept the minutes as written; 2nd by Kelly, minutes accepted as written

OLD BUSINESS

1. Chair Report

Secunder- Michelle

- We concluded, through discussion, that one person is to be designated to read and respond to emails sent to the committee email.
- Corinne will take on this responsibility.
- All emails will also be forwarded to the appropriate position.
- All changes that involve adding or deleting information on our web page are forwarded to Steve.
- All emails regarding volunteering for speaker night are to be forwarded to The Members at large.
- All financial matters are to be sent to Michelle.

2. Treasurer's Report

Secunder- Kelly

- There are issues in our dealings with the Credit Union. Resolve will not occur until March.
- REPORT
- There Is A Solution Financial Activity - OPERATING Account
- December 1-31, 2024
- Bank Balance at:
- Dec 01/24
\$86.16
- Income:
- Dec 1-31
\$165.00
- 7th Tradition Contributions
- Total Income:

- \$251.16
- Expenses:
- (\$36.05)
- Quarterly contribution to Central Office
- (\$1.00)
- Service charge for Etransfer
- (\$36.05)
- Quarterly contribution to MB General Service
- (\$1.00)
- Service charge for Etransfer
- (\$36.03)
- To reimburse Michelle R for contribution to New York GSO
- (\$1.00)
- Service charge for Etransfer
- Total Expenses:
- (\$111.13)
- Bank balance at:
- Dec 31/24
- \$140.03
- Co-op Share is \$5.00
- There Is A Solution Financial Activity - PRUDENT RESERVE Account
- December 1-31, 2024
- Opening Balance:
- Dec 01/24
- \$550.37
- Income
- Dec 31/24
- \$0.64
- Interest earned
- Total Income:
- \$0.64

Expenses

- \$0.00
- Total Expenses:
- \$0.00
- Closing Balance:
- \$551.01
- Prudent Reserve is \$550.00

3. Secretary Report

Secunder- Michelle

- Christine is new at this position as of today. Direction was shared with her from Kelly our previous Secretary prior to this meeting.
- Send notice to all Meeting Chairs via email and Messenger, regarding giving notice and finding a replacement if unable to complete their commitment.

- “Current meeting chairs” is our Gmail email for members. TIAS hosts for Messenger. TIAS Winnipeg zoom group chat on Messenger.
- The procedure for all those unable to attend their commitment is the following:
 1. Find Replacement
 2. Email all members
 3. Email the committee

4. Intergroup Report

Secunder- Kelsey

- All members are receiving emails from TIAS Gmail.
- Kelly went over google drive with the committee.
- All members are being sent passwords for google drive.
(thereisasolutioncommittee@gmail.com,)

-

5. Tech Rep Report

Secunder- Manny

- January 1 Steve took over from Patrick.
- Info is to be saved on google drive.
- Add info that speakers have up to 820pm to tell their stories.
- Add button for speaker night script.
- Please be sure to clarify AM or PM commitment for the Chairing schedule.

6. Member-at-Large

Secunder- Christine

- No new business
- Organizing for March speaker
- Responsible for finding a speaker for our speaker evening the last Friday of the month.

NEW BUSINESS

1. Chair Report

- Nothing to report

2. Treasurer’s Report

- Report was sent

3. Secretary

- Nothing to report
- Add Skye to host and gmail account

- Remove password for account from last email

3. Intergroup Report

- met on Monday, Jan. 8/25 @ Central Office
- WIA needs a secretary, talk to me if you want details on the position
- Treasurer for Intergroup gave Nov 2024 report - surplus of \$14 000
- TAS 1Q2025 schedule on aamanitoba.org; contact Kelly T. if you would like a kit
- would like people to volunteer to share their story, Monday nights, 630p at Geoffrey's Gardene Reunification Centre, 490 Maryland Ave; and looking for chairs for 1130am at Geoffrey's Gardens Outreach Centre at 451 Furby Street;
- Corrections Rep is needed at the Intergroup Level
MB Keystone Conference Committee invites AAs to volunteer for service on this committee;
- Friends of Central Office - members interested in running the day-to-day work of Central Office can be trained
- Emergency Preparedness Plan for WIA & CO - looking for members to volunteer in Preparing the report
- Last group conscience meeting was October 19th, 2024

4. Tech Rep

- Steve wants to reduce work regarding announcements by adding and deleting the following:
- Add link on meeting script for announcements
- Remove area 80 announcements
- Add group conscience tab
- Add BB anniversary flyer to website

5. Member-at-Large

- Manny is our February speaker
- March speaker is still in the works

**There Is A Solution
Committee Meeting Minutes
January 15, 2025 – 11am on Zoom**

Attendance:

Absent: 0

Corinne P. – Chair
Michelle R. – Treasurer

Christine T. – Secretary
Kelly T. – Intergroup Rep
Steve U. – Tech Rep
Kelsey S. – Member at Large
Manny M. – Member at Large

1. Opening Remarks

- Corinne opened the meeting with the Serenity Prayer @ 11:00am.

2. Review and Acceptance of Minutes

- Corinne motioned to accept the minutes as written; 2nd by Michelle, minutes accepted as written

OLD BUSINESS

1. Chair Report

Secunder- Michelle

- We concluded, through discussion, that one person is to be designated to read and respond to emails sent to the committee email.
- Corinne will take on this responsibility.
- All emails will also be forwarded to the appropriate position.
- All changes that involve adding or deleting information on our web page are forwarded to Steve.
- All emails regarding volunteering for speaker night are to be forwarded to The Members at large.
- All financial matters are to be sent to Michelle.

2. Treasurer's Report

Secunder- Kelly

- There are issues in our dealings with the Credit Union. Resolve will not occur until March.
- REPORT
- There Is A Solution Financial Activity - OPERATING Account
- December 1-31, 2024
- Bank Balance at:
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- To reimburse Michelle R for contribution to New York GSO
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- There Is A Solution Financial Activity - PRUDENT RESERVE Account
- December 1-31, 2024
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- Income
- Dec 31/24
- \$0.64
- Interest earned
- Total Income:
- \$0.64

Expenses

- \$0.00
- Total Expenses:
- \$0.00
- Closing Balance:
- \$551.01
- Prudent Reserve is \$550.00

3. Secretary Report

Secunder- Michelle

- Christine is new at this position as of today. Direction was shared with her from Kelly our previous Secretary prior to this meeting.
- Send notice to all Meeting Chairs via email and Messenger, regarding giving notice and finding a replacement if unable to complete their commitment.
- “Current meeting chairs” is our Gmail email for members. TIAS hosts for Messenger. TIAS Winnipeg zoom group chat on Messenger.
- The procedure for all those unable to attend their commitment is the following:
 1. Find Replacement
 2. Email all members
 3. Email the committee

4. Intergroup Report

Secunder- Kelsey

- All members are receiving emails from TIAS Gmail.
- Kelly went over google drive with the committee.
- All members are being sent passwords for google drive.
(thereisasolutioncommittee@gmail.com, password: bringyourowncouch)
- REPORT
 - - met on Monday, Jan. 8/25 @ Central Office
 - - WIA needs a secretary, talk to me if you want details on the position
 - - Treasurer for Intergroup gave Nov 2024 report - surplus of \$14 000
 - - TAS 1Q2025 schedule on aamanitoba.org; contact Kelly T. if you would like a kit
 - - would like people to volunteer to share their story, Monday nights, 630p at Geoffrey's Gardene Reunification Centre, 490 Maryland Ave; and looking for chairs for 1130am at Geoffrey's Gardens Outreach Centre at 451 Furby Street;
 - - Corrections Rep is needed at the Intergroup Level
 - - MB Keystone Conference Committee invites AAs to volunteer for service on this committee;
 - - Friends of Central Office - members interested in running the day-to-day work of Central Office can be trained
 - - Emergency Preparedness Plan for WIA & CO - looking for members to volunteer in preparing this report

5. Tech Rep Report

Secunder- Manny

- January 1 Steve took over from Patrick.
- Info is to be saved on google drive.
- Add info that speakers have up to 820pm to tell their stories.
- Add button for speaker night script.
- Please be sure to clarify AM or PM commitment for the Chairing schedule.

6. Member-at-Large

Secunder- Christine

- No new business
- Organizing for March speaker
- Responsible for finding a speaker for our speaker evening the last Friday of the month.

NEW BUSINESS

1. Chair Report

2. Treasurer’s Report

-

3. Secretary

3. Intergroup Report

-

4. Tech Rep

5. Member-at-Large

-

Closing the Meeting

- Corinne motioned we close the meeting at 1210 pm; 2nd by Michelle; Corinne closed the meeting with the Responsibility statement.

Tabled Issues/Items

-Group Conscience Item

Next Meeting: January 19, 2025 (3rd Sunday of each month), 11am, TIAS Zoom room

2025 Meeting Dates:

Jan. 19/25	July 20/25
Feb. 16/25	Aug. 17/25
Mar. 16/25	Sept. 21/25
Apr. 20/25	Oct. 19/25
May 18/25	Nov. 16/25
June 15/25	Dec. 21/25

**There Is A Solution
Committee Meeting Minutes
December 15, 2024 – 11am on Zoom**

Attendance:

Michelle R. – Treasurer
Kelly T. – Secretary
Corinne P. – Intergroup Rep
Patrick D. – Tech Rep (arrived later)
Steve U. – Member at Large
Kelsey S. – incumbent for Member at Large
Manny M. – incumbent for Member at Large

Absent:

Jeff. H. – regrets

1. Opening Remarks

- Corinne P. opened the meeting with the Serenity Prayer @ 11:00am.

2. Review and Acceptance of Minutes

- Corinne P. motioned to accept the minutes as written; 2nd by Michelle R., minutes accepted as written

3. Chair Report

- Jeff H. gave regrets

4. Secretary Report

- no old business to report

5. Intergroup Report

- Corinne P. advised no old business

6. Tech Rep Report

- Patrick D. absent

7. Treasurer's Report

- Michelle R., Kelly T., and Corrine P. attended ACU on Dec 14/24 to add Corrine P. as a third signer on the account. Any two of the three signers can approve debit transactions and make changes to our Community Builder and High Interest Savings accounts at Assiniboine Credit Union on St. Mary's Road.

8. Member-at-Large


- no old business

NEW BUSINESS

1. Chair Report

- Corinne P. as acting chair;
- who is responsible for responding to the Area 80 GSR emails? Secretary is.
- if a meeting chair is consistently absent (2 in a row) from their service opportunity, the Chair is responsible for contacting the person who is missing their service opportunity

2. Secretary

 **Area80 Registrar**
to bcc: me

2 Dec 2024, 17:39 (5 days ago) ☆ ☺ ↶ ⋮

December 2, 2024

Greetings everyone from your Area 80 Chair,

As 2024 draws to an end so does our first year of serving Area 80 in this current rotation. In reflecting over the past year, I feel that we as an area are growing in Unity and Service. My hope is that as an area, we can continue on this path, placing "principals before personalities". Remembering why each of us is serving in a position in the area and what we as an area can do to help the "still suffering alcoholic".

Find attached two motions that I have received that will be presented at the January Assembly for discussion.

GSR's and group reps, please take these motions back to your groups for discussion; DCM's and Alt DCM's please take these back to your districts for discussion and Service Chairs please take these back to your committees for discussion. This will help prepare us for the discussion at the January assembly.

In the next couple of days, I will be sending out the Agenda for the Area 80 January 10, 11 and 12, 2025 assembly as well.

Stay warm and all the best for 2025. Hope to see you all at the assembly.

Love in Service,

Kathy M.
Area 80 Chair

Please find the following PDFs attached to this note:

- Area 80 Proposed Agenda Item (PAI) - Inventory Timeline Format Change November 7, 2024
- Proposed Agenda Item (PAI) - Finance Delegate Reimbursement Nov 2024
- PAI - Finance Delegate Reimbursement Nov 2024 - Background January 2021 Minutes (additional information for PAI Finance submission)

Take care ... keep well - Gary

Yours in Service
Gary Cherlet
Area 80 Registrar

- Kelly T. to contact Area 80 GSR Chair to give them Christine T.'s gmail so they may forward Area80 messages to her going forward as Christine T. is new secretary effective January 2025.

- Kelly T. to draft script for Birthday night and Speaker night;

3. Intergroup Report

- no new business

4. Tech Rep

- Patrick D. absent
- Steve U. (incoming) will update website
- Heather L. is Thursday 730p chair
- Christine T. is Wednesday 730p chair
- Michelle R. is Sunday 930am Big Book reader

3. Treasurer Report

Financial Report for the period November 1-30, 2024:

For our OPERATING Account:

Account Balance at Nov 1/24 was \$170.00

7th tradition contributions for Nov 1-30/24 were \$160.00

Total income for November was \$330.00

Expenses were \$242.84 to reimburse Jeff H for paying for the annual Zoom account, and \$1.00 for the e-transfer fee

Total Expenses were \$234.84

Bank Balance at Nov 30/24 was \$86.16 (\$330 income less \$234.84 expenses)

For our PRUDENT RESERVE Account:

Account balance at Nov. 1/24 was \$549.62

Interest earned was \$0.75

Account balance at Nov 30/24 was \$550.37

(Our prudent reserve is to be \$550.00)

Our ACU Co-op Share is \$5.00

Other:

The e-transfer to Jeff H. was processed with only one signer.

ACU had the account set up so that two signers were required to make changes to the account.

It has been corrected so that two signers are required for every debit or withdrawal made on the account, as was our original request.

I wanted to contribute to the 3 arms of service this morning and I couldn't quite figure out the details on how to contribute to New York GSO. It doesn't appear that they accept e-transfers.

As of 9 am today, our account balance is \$111.16. This would then allow us to give \$36.05 to each of the 3 arms of service plus \$3.00 in service fees for the e-transfers to each arm.

I've started to send \$36.05 to Central Office and to MB Area 80 office - which requires one of you to approve the transactions.

I will need to wait until the NY office is open on Monday to see exactly how I send them their contribution. I have our account number - I just need to know which e-mail address I send it to - -- or, if I need to make the contribution to them on their website.

5. Member-at-Large

- Steve U. to reach out to Christopher M. to invite to January 2025 committee meeting to see if he would take on the additional responsibility of Birthday night, if Birthday night is adopted via Group Conscience
- Kelsey S. to create a virtual chip

Closing the Meeting

- Corinne P. motioned we close the meeting at 12:07pm; 2nd by Kelly T.; Corinne P. closed the meeting with the Responsibility Declaration

Tabled Issues/Items

- Kelsey offered to create a virtual chip

Group Conscience Items

- TIAS would like to start a Birthday Night, to take place on the last Saturday of each month during the 730p meeting
- should we change banking institutions? Assiniboine Credit Union has been making mistakes

Next Meeting: January 19, 2025, 11am, TIAS Zoom room

Solution

Committee Meeting Minutes
November 17, 2024 – 11am on Zoom

Attendance:

Absent:

Jeff H. – Chair
Michelle R. – Treasurer
Kelly T. – Secretary
Corinne P. – Intergroup Rep
Patrick D. – Tech Rep
Steve U. – Member at Large

1. Opening Remarks

- Jeff H. opened the meeting with the Serenity Prayer @ 11:00am.

2. Review and Acceptance of Minutes

- Jeff H. motioned to accept the minutes as written; 2nd by Patrick D., minutes accepted as written

3, Chair Report

- no concerns brought forward to the committee; emails have been reviewed

4. Secretary Report

- no old business to report

5. Intergroup Report

- no old business;
- Treatment Committee has alternate service positions open
- HSC stated that AA meetings are not occurring regularly; call out for service
- CERB \$\$ is being paid back to CRA as a gift

6. Tech Rep Report

- The site is up to date.
- Tech will update the website with the minutes from previous meetings
- difficulty converting pdf's into a readable file; so prefers documents in word format
- may add a separate group conscience button on website

7. Treasurer's Report

- no new business

8. Member-at-Large

- no old business

NEW BUSINESS

1, Chair Report

- Zoom account is under Jeff H.'s name; payment is set up to auto-renew;
- \$215 is the fee that will be charged to Jeff's credit card in November
- Jeff H. is okay with continuing to use his credit card after he leaves the chair position in January 2025

2. Secretary

- no new business

3. Intergroup Report

- no new business

4. Tech Rep

- Patrick D.'s credit card is used to pay for website hosting fees (wix.com) and is good with keeping his credit card on file

3. Treasurer Report



Michelle Ritchot
to me

Thu 5 Dec, 07:49 (2 days ago) ☆ 😊 ↶

Treasurer's Report_for November 17/24 Committee Meeting:

As of October 31/24 the bank balances are as follows:
Community Builder (chequing) account: \$170.00
High Rate Savings Account: \$549.62 *

* We incurred a \$1.00 transaction fee when I needed to make a correction to the account balance by transferring \$10 back to Chequing to make our prudent reserve \$550. We also accrued \$0.62 interest on the account.

- Patrick D. will post the Treasurer Position description on TIAS website
- we need a 3rd signer on the bank account in case one of the two current signers is unavailable; Corinne P. will be the 3rd signing authority

5. Member-at-Large

- Steve U. asked if TIAS can get a credit card; not possible

Closing the Meeting

- Jeff H. motioned we close the meeting at 11:32am; 2nd by Patrick D.; Jeff H. closed the meeting with the Pirate's Prayer

TIAS 2025 Committee	
Chair	Corinne P.
Secretary	Christine T.
Treasurer	Michelle R.
Intergroup Rep	Kelly T.
Tech Rep	Steve U.
Members-at-Large	Kelsey S. and Manny M.

Tabled Issues/Items

- does TIAS start a Birthday Night? Etc. medallions, physical get-together
- should TIAS create a virtual chip?

Next Meeting: December 15/24, 11am, TIAS Zoom room

TIAS Election Meeting

Saturday, November 16, 2024

Committee Members Present:

Jeff H. – Chair
Kelly T. – Secretary
Michelle R. – Treasurer
Corinne P. – Intergroup Rep
Steve U. – Member-at-Large

Regrets:

Patrick D. – Tech Rep

Total meeting participants (at beginning of meeting): 16 including the committee members

Jeff H. opened the meeting @ 9:30 am with the Serenity Prayer. Corinne P., Steve U., and Michelle R. read the Preamble, How it Works and the 12 Steps. Don B. read the 12 Traditions.

Chair: Jeff H.
Waiting room: Steve U.
Counting the votes: Heather L.

Election of Chair Position

Don B. nominated Heather L.; 2nd by Kelly T.; Heather L. declined
Jeff H. nominated Don B.; 2nd by Heather L.; Don B. accepted
Don B. nominated Corrine P.; 2nd by Michelle R.; Corinne P. accepted

Corrine P. elected as Chair by majority.

Election of Secretary Position

Kelly T. nominated Kelsey S.; 2nd by Heather L.; Kelsey S. declined
Michelle R. nominated Heather L.; 2nd by Kelly T.; Heather L. declined
Michelle R. nominated Jeff H.; 2nd by Don B., Jeff H. declined
Kelly T. nominated Grateful Bob U.; 2nd by Michelle R.; Grateful Bob declined

Michelle R. nominated Steve U.; 2nd by Steve U.; Steve U. accepted
Don B., nominated Christine T.; 2nd by Heather L.; Christine T. accepted

Christine T. elected as Secretary by majority.

Election of Treasurer Position

- Michelle R. assumed position August 2024 after first Treasurer had to step down
- November 2025 elections will include electing a new Treasurer

Election of Intergroup Rep Position

Christine T. nominated Kelly T.; 2nd by Heather L.; Kelly T. accepted
Jeff H. nominated Don B.; 2nd by Heather L.; Don B. declined

Kelly T. elected as Intergroup Rep by acclamation.

Election of Tech Rep

Corrine P. nominated Steve U.; 2nd by Heather L.; Steve U. accepted

Steve U. elected as Tech Rep by acclamation.

Election of Member-at-Large – 2 Positions

Two Positions

Corrine P. nominated Kelsey S.; 2nd by Don B. and Steve U. 😊; Kelsey S. accepted
Don B. nominated Manny M., 2nd by Jeff H.; Manny M. accepted

Kelsey S. and Manny M. elected as Members-at-Large by acclamation

Next committee meeting: Sunday, Nov. 17/24 @ 11am, following the Sunday Big Book Meeting

TIAS 2025 Committee	
Chair	Corinne P.
Secretary	Christine T.
Treasurer	Michelle R.
Intergroup Rep	Kelly T.
Tech Rep	Steve U.
Members-at-Large	Kelsey S. and Manny M.

Attendance: Absent:
Jeff H. – Chair Michelle R. – regrets
Kelly T. – Secretary

**There Is A Solution
Second Group
Conscience Minutes
October 19, 2024 on
Zoom**

Corinne P. – Intergroup Rep
Patrick D. – Tech Rep
Steve U. – Member at Large

1. Opening Remarks

- Jeff H. opened the meeting with prayer @ 9:30 am
- Corinne P. read the Twelve Traditions

2. Group Conscience Process

- Jeff H. and Steve U. will be counting the votes
- votes to be counted: for, against, abstain
- majority rules on the votes
- if we don't resolve any or all of the three items, then the unresolved item is tabled and carried forward to next group conscience

3. Group Conscience Items

- a. Jeff H. motioned to make the Friday speaker meetings open meetings. Kurt B. 2nd;
- votes: 14-for/ 1-opposed/ 3-abstained
- motion passed
- b. From Intergroup; Motion: Winnipeg Intergroup Association (WIA) make a gift of \$22,040 payable to the Receiver General to rectify the 7th Tradition breach in 2020 and 2021. Jeff H. motioned to accept the WIA motion; 2nd by Patrick D.
- votes: 14-for/ 0-opposed / 5-abstained
- motion passed
TIAS Grp Conscience Minutes October 19, 2024 Page 2 of 3
- c. TIAS now has a Tradition 7 ID # for NY GSO; how do we divide our Tradition 7 quarterly - Michelle suggested that we bring to Group Conscience the following two options;
 - i. Patrick D. motioned that TIAS donate Tradition 7 quarterly, 33%~33%~33% to NY GSO/MB General Service/MB Central Office; 2nd by Kelly T.
- votes: 15-for/ 0-opposed/ 1-abstained
- motion passed
 - ii. Jeff H. motioned that TIAS donate Tradition 7 quarterly, 30%~30%~30%~10% to NY GSO/MB General Service/MB Central Office/St. Vital Group; 2nd by Patrick D.
- votes: 2-for/ 11-opposed/ 3-abstained
- not passed

Motion from January 2024 Group Conscience for background reference:

4. Don B. sent a motion via email "I motion that the Pirates prayer be removed as a choice for closing prayers as its not AA approved."; 2nd by Heather L.
- votes: 0-for/ 14-opposed/ 2-abstained
- not passed

4. Closing the Meeting

- Jeff H. motioned to close the meeting at 10:27am; 2nd by Corinne P.
- votes: 16- for/ 0-opposed/ 0-abstained
- motion passed
- Jeff H. closed the meeting with the Lord's Prayer

Regrets for Group Conscience

InboxTIAS Grp Conscience Minutes October 19, 2024 Page 3 of 3

Michelle Ritchot 04:54

(5 hours ago)

to thereisasolutioncommittee

Hello everyone,

I'm very sorry that I will not be able to attend the GC today. I'm with my sister in Toronto. She had major surgery yesterday and I need to provide constant care for her today.

If it's allowed for me to vote in absentia:

I'm in favour of the motion regarding WIA.

I am in favour of Tradition 7 being divided 33/33/33 to the 3 arms of service.

I am opposed to tradition 7 being divided 30/30/30/10 to the 3 arms of service plus the St. Vital group.

I am opposed to removing the Pirate's prayer from our closing prayer options.

Thank you for your understanding and your service.

Kindest regards,

Michelle R.

**There Is A Solution
Committee Meeting Minutes
October 7, 2024 – 6pm on Zoom**

Attendance:

Absent:

Jeff H. – Chair

Michelle R. – Treasurer

Kelly T. – Secretary

Corinne P. – Intergroup Rep

Patrick D. – Tech Rep

Steve. U. – Member at Large

1. Opening Remarks

- Jeff H. opened the meeting with the Serenity Prayer @ 6:03pm.

2. Review of Items for Group Conscience (scheduled for Oct. 19/24)

- we now have a Tradition 7 identification for NY General Service Office; it is #ID 000521873; should we be adding an item to our Group Conscience that addresses how much \$\$ we give to each of the arms of service now that we have 3 instead of 2 arms of service? Kelly T. to email TIAS Committee with this question

3. Group Conscience Items

a. ~~Group Conscience item: do we lock the zoom room after one hour of fellowship? ie. AA meeting from 930a – 1030a, fellowship from 1030a – 1130a, lock the room @ 1130a AND, AA meeting from 730p – 830p, fellowship from 830p – 930p, lock the room @ 930pm (not an issue anymore – committee felt locking the zoom room no longer necessary)~~

- b. TIAS now has a Tradition 7 ID # for NY GSO; how do we divide our Tradition 7 quarterly
- Michelle R. motioned that we bring to Group Conscience the following two options:
 - Donate Tradition 7 quarterly, 33%/33%/33% to NY GSO/MB General Service/MB Central Office
 - **OR**
 - Donate Tradition 7 quarterly, 30%/30%/30%/10% to NY GSO/MB General Service/MB Central Office/St. Vital Group

Jeff H. 2nd motion; this item will be brought forth to the Oct. 21/24 Group Conscience.

c. Patrick D. motioned that TIAS make our Friday, end of month, 730p meeting an Open Speaker Meeting; 2nd by Kelly T.; this item will be brought forth to the Oct.21/24 Group Conscience

4. Closing the Meeting

- Jeff H. closed the meeting at 6:26pm with Pirate's Prayer.

**There Is A Solution
Committee Meeting Minutes
September 22, 2024 – 11am on Zoom**

Attendance:

Jeff H. – Chair
Kelly T. – Secretary
Michelle R. – Treasurer

Absent:

Steve U. – regrets
Corinne P. – regrets
Patrick D. – regrets

1. Opening Remarks

- Jeff H. opened the meeting with the Serenity Prayer @ 11:00am.

2. Review and Acceptance of Minutes

- Jeff H. motioned to accept the minutes as written; 2nd by Michelle R., minutes accepted as written

3, Chair Report

- no old business

4. Secretary Report

- Kelly T. completed letter for Assiniboine Credit Union advising that Christopher M. has stepped down and Michelle R. will become a new signor
- Kelly T. and Michelle R. to visited Assiniboine Credit Union on August 29, 2024 to complete the paperwork

5. Treasurer's Report

- Michelle R. advised she is still not receiving forwarded emails from thereisasolutioncommittee@gmail.com; Kelly T. to look into that

6. Intergroup Report

- WIA has a new secretary (Marty) and a new TAS rep (Trysha)
- Tickets for Keystone Conference may be purchased by contacting Jeff 204-226-8902 or Central Office

7. Tech Rep Report

- The site is up to date. I added the OIAA Convention poster to the AA events tab, all meeting chair positions have been filled so I updated the Schedule and removed the "Chair Needed" announcement.

The annual renewal for the Domain name for the site was sent and billed to my credit card. The actual date of Domain Name renewal is October 14th but they do it a month early to issuer no disruption.

Annual cost is \$19.80 + \$.99 (GST) = \$20.79.

I will use this as part of my tradition 7 so I do not require payment back for this. If the treasurer can reflect the cost of the renewal for our records and that it was used as a 7th tradition donation from me we can save ourselves \$1.00 in transaction fees.

In Service,

Patrick D.

8. Member-at-Large

- regrets

NEW BUSINESS

1, Chair Report

- zoom account is due November 2024 and will be approximately \$230; Jeff H.'s credit card be automatically charged; Jeff okay with that - our zoom account #5053923685
- date for Group Conscience October 19, 2024; 930 am meeting
- elections – November 16, 2024; 930 am meeting – all positions up for election

2. Secretary

- Kelly T. to update our meeting Chairs on the guidelines for confirming attendance
- tickets for AA World Conference went on sale Sept. 10th - \$216 each, early bird price
- [wix.com](https://www.wix.com) web hosting is not due until Oct 2025 and could be approximately \$300 - there is no account # on the invoice; who will be paying the invoice?; Kelly T. set a reminder in the TIAS Google calendar
- we now have a Tradition 7 identification for NY General Service Office; it is #ID 000521873; should we be adding an item to our Group Conscience that addresses how much \$\$ we give to each of the arms of service now that we have 3 instead of 2 arms of service? Kelly T. to email TIAS Committee with this question
- AA.org - "We are pleased to announce that the new publication **Plain Language Big Book: A Tool for Reading *Alcoholics Anonymous*** will go on sale on November 1, 2024."

- Please find attached four "Notices of Motion" for consideration at the October 2024 Assembly. They are being circulated a month in advance of the Assembly in the hope that the Groups, Districts, or any interested member of AA in Manitoba might have time to read and discuss the Motions before the Assembly. The Motions pertain to:

- Use of **Proposed Agenda Item (PAI) Form** for raising Motions and Agenda Discussions Items at Area 80 Assemblies - the file name is "Notice of Motion for Area 80 October 2024 Assembly re PAI with Form" - the Form has already been used, on a trial basis, in preparation for the October Assembly
- Creation of **Alternate Chair positions** for each Service Committee - the file name is "Area 80 Proposed Agenda Item (PAI) Alternate Committee Chairs 25 August 2024"
- Reading "code of **conduct at Assembly**" during Assemblies - file is "PAI Notice of Motion for Conduct at Assembly Reading"
- Update of **Handbook** with **Web Team Content** to replace existing Webmaster entry - the file is "Area 80 Web Team Content for Motion to Update Handbook August 2024 with content"

In all cases the first page ("Page 1 of") has been removed - it contains instructions for use of PAI, and would be the same in all the submissions. In some cases a separate "attachment" is mentioned - where this has happened the file has been appended to the PAI itself - to reduce the number of eMail attachments - and for clarity.

The four Proposed Agenda Items were all received by the Area Chair and Secretary in August - and are now being forwarded broadly for review by the Area. On behalf of the Area 80 Table Officers - I look forward to seeing many of you at the Douglas Community Centre on October 4th through to the 6th!

- Quebec Sign Language video translation of pamphlet "Access to AA: Members Share on Overcoming Barriers" available at aa.org



3. Treasurer Report

- no Treasurer Rep position details reported on website; Michelle would help update it; Kelly to ask Patrick to add it to website
- on September 20, 2024, balance in TIAS savings was \$1033.40; prudent reserve is \$550.00; \$483.40 was divided equally to MB Central Office and MB General Service, less \$1.00 per e-transfer = \$240.70 to each arm of service
- Michelle to message Assiniboine Credit Union requesting to open an additional savings account to transfer \$550.00 (our Prudent Reserve)

4. Tech Rep

- no new business; gave regrets

5. Member-at-Large

- regrets

Closing the Meeting

- Jeff H. motioned we close the meeting at 11:46am; 2nd by Kelly T.; Jeff H. closed the meeting with the Pirate's Prayer

Tabled Issues/Items

- does TIAS start a Birthday Night? Etc. medallions, physical get-together
- should TIAS create a virtual chip?
- [wix.com](https://www.wix.com) web hosting is not due until Oct 2025 and could be approximately \$300 - there is no account # on the invoice; will Patrick's credit card be automatically charged? (Patrick?)

Group Conscience Items

- Group Conscience item: Change Tradition 7 to 45/45/10: MB General Svc/MB Central Office/St. Vital Group in that order
- Group Conscience item: do we lock the zoom room after one hour of fellowship? ie. AA meeting from 930a – 1030a, fellowship from 1030a – 1130a, lock the room @ 1130a AND, AA meeting from 730p – 830p, fellowship from 830p – 930p, lock the room @ 930p
- question emailed to committee – since we now have a Tradition 7 ID # for NY GSO, do we create a 3rd Group Conscience item to put forth a new Tradition 7 allocation that includes NY GSO

Next Meeting: October 20/24, 11am, TIAS Zoom room

**There Is A Solution
Committee Meeting Minutes
August 18, 2024 – 11am on Zoom**

Attendance:

Absent:

Jeff H. – Chair
Kelly T. – Secretary
Corinne P. – Intergroup Rep
Patrick D. – Tech Rep
Michelle R. – Member at Large

Steve U. – regrets
Christopher M. – stepped down

1. Opening Remarks

- Jeff H. opened the meeting with the Serenity Prayer @ 11:00am.

2. Review and Acceptance of Minutes

- Jeff H. motioned to accept the minutes as written; 2nd by Corinne P., minutes accepted as written
- Jeff H. responded to the Accessibility survey already

3, Chair Report

- nothing to report
- Treasurer – Christopher M. has stepped down


4. Secretary Report

- no old business

5. Treasurer's Report

- in Christopher's absence, Kelly T. gave the bank balance ending July 31/24 as at **\$838.40**; AA Central Office and AA Manitoba were sent Tradition 7 in the amount of \$200 each on July 1/24

Treasurer Position > Inbox x


 **ccmoisey@gmail.com**
to TIAS ▾ 05:06 (5 hours ago) ☆

Heya Folks,

I have given this decision much thought and decided, as I am unable to adequately preform the required duties, I must step down from this position.

I thank you all for allowing me this opportunity.

Regards,
Christopher M.

 **Jeff Hinderks**
to ccmoisey, TIAS ▾ 10:19 (43 minutes ago) ☆

Thank you for letting us know.

6. Intergroup Report

- meetings on hold for summer; resuming September 2024

7. Tech Rep Report

- Patrick advised that the website is up-to-date

8. Member-at-Large

- Michelle R. has nothing to report

NEW BUSINESS

1, Chair Report

- need to find Treasurer
 - Patrick D. motions that Michelle R. will step into the Treasurer Role immediately; 2nd by Corinne P.; motion carried
 - Kelly T. to draft letter for Assiniboine Credit Union advising that Christopher M. has stepped down and Michelle R. will become a new signor

- Kelly T. and Michelle R. to visit Assiniboine Credit Union in person to complete the paperwork

- need to set a date for Group Conscience, October/November?
- fill the 2nd Member-at-Large position resulting from Michelle R. taking on Treasurer role at December election


2. Secretary

- Quebec Sign Language video translation of pamphlet “Access to AA: Members Share on Overcoming Barriers” available at aa.org
- Gratitude in Action – Brandon Manitoba, Saturday, Sept. 14/24, aamanitoba.org
- Nonalcoholic Class A Trustee Opening on General Service Board, deadline is August 31/24, aa.org
- Motion for use “Area 80 Proposed Agenda Item Submission Form” – in advance of Area 80 assembly in October 2024
- AA Service Workshop reminder, September 14/24, 930a to 430p, Norberry/Glenlee Community Centre, aamanitoba.org

2. Tech Rep

- no new business

3. Member-at-Large

 Steve Upton
to There ▾ Sat, 17 Aug, 10:47 (1 day ago) ☆ ☺ ↶

Hi Team,

I'm sorry I won't be able to make the committee meeting tomorrow morning as I will be at the cabin with little to no reception. Nothing to report other than the speaker list is growing which is awesome:

Aug. 30 - Don B
Sept. 27 - Jeff H.
Oct. 25 - Michelle R.

I'll see you all next month, have a great meeting ❤️

Steve Upton
supton@hotmail.ca
(204) 297-0412

Closing the Meeting

- Jeff H. motioned we close the meeting at 11:39am; 2nd by Patrick D.; Jeff H. closed the meeting with the Lord's Prayer

Tabled Issues/Items

- does TIAS start a Birthday Night? Etc. medallions, physical get-together
- should TIAS create a virtual chip?

- Group Conscience item: Change Tradition 7 to 45/45/10: MB General Svc/MB Central Office/St. Vital Group in that order

- Group Conscience item: do we lock the zoom room after one hour of fellowship? ie. AA meeting from 930a – 1030a, fellowship from 1030a – 1130a, lock the room @ 1130a AND, AA meeting from 730p – 830p, fellowship from 830p – 930p, lock the room @ 930p

Next Meeting: September 15/24, 11am, TIAS Zoom room

There Is A Solution Committee Meeting Minutes July 21, 2024 – 11am on Zoom

Attendance:

Absent:

Jeff H. – Chair

Kelly T. – Secretary

Corinne P. – Intergroup Rep

Patrick D. – Tech Rep

Steve U. – Member at Large

Michelle R. – Member at Large

Christopher M. – Treasurer, without regrets

1. Opening Remarks

- Jeff H. opened the meeting with the Serenity Prayer @ 11:00am.

2. Review and Acceptance of Minutes

- Jeff H. motioned to accept the minutes as written; 2nd by Kelly T., minutes accepted as written

3, Chair Report

- nothing to report

4. Secretary Report

- are we updating our website with the logo Christopher M. created?
 - Patrick D. asked Christopher M. to make a change so it can be added to the website
 - however, are we as a committee in agreement to add this logo?

5. Treasurer's Report

- Christopher M. absent without regret
- Jeff H. advised the June 15/24 Tradition 7 was sent to MB Central office and MB General Service; Tradition 7 was NOT sent to NY GSO



6. Intergroup Report

- meetings on hold for summer

7. Tech Rep Report

- Patrick advised that the website is up-to-date

8. Member-at-Large Reports

- Steve advised we have a 7pm speaker for July is Mindy P.
- August is Jeff H.
- Michelle R. advised we have 3 men and 3 women on our Temporary Sponsorship list

NEW BUSINESS

1, Chair Report

- Jeff H. advised HSC has Covid-19 so AA meetings have been postponed for now

2. Tech Rep

- Patrick would like to put the membership list on the website under a “Temporary Sponsorship List” tab; committee agreed
- if we require any action from Patrick, let him know specifics, ie. What tab needs to be updated, etc.
 - eg. If we send info to Patrick for the website, specify under which tab or heading we would like the information posted

There is a Solution Group Information

Temporary Sponsorship List	Group Service Opportuni...	Schedule	Meeting Minutes	Committee Posit...
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AA Events, Links and Service Opportunities (GSO)

AA Events	GSO Opportunities	Intergroup Info	Meeting Guide App	AA Manitoba Website
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Closing the Meeting

- Jeff H. motioned we close the meeting at 12:05pm; 2nd by Kelly T.; Jeff H. closed the meeting with the Lord's Prayer

Tabled Issues/Items

- does TIAS start a Birthday Night? Etc. medallions, physical get-together
- should TIAS create a virtual chip?

- Group Conscience item: Change Tradition 7 to 45/45/10: MB General Svc/MB Central Office/St. Vital Group in that order

- Group Conscience item: do we lock the zoom room after one hour of fellowship? ie. AA meeting from 930a – 1030a, fellowship from 1030a – 1130a, lock the room @ 1130a AND, AA meeting from 730p – 830p, fellowship from 830p – 930p, lock the room @ 930p

- Christopher M. finished a logo for TIAS; discuss on future committee meeting if we want to add to TIAS web page

Next Meeting: August 18/24, 11am, TIAS Zoom room

There Is A Solution Committee Meeting Minutes May 19, 2024 – 11am on Zoom

Attendance:

Absent:

Jeff H. – Chair
Christopher M. – Treasurer
Corinne P. – Intergroup Rep
Patrick D. – Tech Rep
Vacant – Member at Large

Kelly T. – Secretary w/regrets
Steve U. – Member at Large

1. Opening Remarks

- Jeff H. opened the meeting @ 11:01am.

2. Review and Acceptance of Minutes

- Jeff H. motioned to accept the minutes as written; 2nd by Corrine P., minutes accepted as written

3, Chair Report

- Read all emails.
- Asked on new logo. Tech Rep will put logo on website and let everyone know.

4. Secretary Report

-No report.

5. Treasurer's Report

- Bank balance as of May 19/24 is \$815.00
- Website message was sent to the bank in regards to an additional account. Have not received a reply. Christopher will check on this.
- Christopher will also check with Kelly to see why he is not receiving emails from thereisasolutioncommittee@gmail.com

6. Intergroup Report

- Nothing of note in this month's intergroup report. Report has been placed on the website

7. Tech Rep Report

- Patrick advised that the website is up-to-date
-

8. Member-at-Large Report

- No report.

9. Closing the Meeting

- Patrick. motioned we close the meeting at 11:27pm; 2nd by Christopher M.; Jeff H. closed the meeting with the Serenity

10. Tabled Issues/Items

- does TIAS start a Birthday Night? Etc. medallions, physical get-together
- should TIAS create a virtual chip?
- ~~Christopher M. will check with Assiniboine Credit Union to see if there is an additional charge to open an account to hold our Prudent Reserve~~
- Group Conscience item: Change Tradition 7 to 45/45/10: MB General Svc/MB Central Office/St. Vital Group in that order
- Group Conscience item: do we lock the zoom room after one hour of fellowship? ie. AA meeting from 930a – 1030a, fellowship from 1030a – 1130a, lock the room @ 1130a AND, AA meeting from 730p – 830p, fellowship from 830p – 930p, lock the room @ 930p

~~———first Tradition 7 contribution to happen March 15/24 via e-Transfer~~

- Christopher M. finished a logo for TIAS; discuss on future committee meeting if we want to add to TIAS web page

Next Meeting: June 16/24, 11am , TIAS Zoom

**There Is A Solution
Committee Meeting Minutes
April 21, 2024 – 11am on Zoom**

Attendance:

Absent:

Jeff H. – Chair
Kelly T. – Secretary
Christopher M. – Treasurer
Corinne P. – Intergroup Rep
Patrick D. – Tech Rep
Steve U. – Member at Large
Vacant – Member at Large

1. Opening Remarks

- Jeff H. opened the meeting with the Serenity Prayer @ 11:05am.

2. Review and Acceptance of Minutes

- Jeff H. motioned to accept the minutes as written; 2nd by Patrick D., minutes accepted as written

3, Chair Report

- how do we handle conflict during a zoom meeting?
- Kelly will email hosts a reminder/tutorial on how to handle disruptions during zoom meetings ie. Remove a member, mute a member, put a member in a waiting room
 - Steve will put together a short tutorial

4. Secretary Report

- no more concerns regarding fellowship in the TIAS zoom room
- Kelly T. donated to the two arms of service on March 17/24
- committee completed New Group Form for New York General Office for emailing
- Kelly also advised that she has stopped chairing women's AFM, 3rd Wednesday of the month
- TIAS is not committed to providing an AA member for chairing the 3rd Wednesday of each month.

5. Treasurer's Report

- Bank balance as of April 21/24 is \$715.40
- Christopher M. has not contacted ACU to see if there are additional
- Kelly emailed ACU sent msg to ACU today

6. Intergroup Report

- TIAS had not discussed the CERB/Central Office issue at great detail so we didn't provide an "opinion" to the Area 80 Intergroup Rep
- Valentine's Dance and contributions going to MB Central Office; the person accountable ie organizer of the dance was at the Intergroup Meeting; taking \$\$ from non-AA members which is then passed onto Central Office is against Tradition 7
- Alice Area 80 Intergroup can report to us when she returns from New York; let Corinne P. know if we're interested in hearing her report and Corinne will reach out to Alice

7. Tech Rep Report

- Patrick advised that the website is up-to-date
- Patrick will update all documents on TIAS Google drive at the beginning of the month
- Minutes be sent in a word document format to the Tech Rep

8. Member-at-Large Report

- we have a last Friday of the month, 7pm speaker for April, May and June 2024

9. Closing the Meeting

- Jeff H. motioned we close the meeting at 12:05pm; 2nd by Patrick D.; Jeff H. closed the meeting with the Lord's Prayer

10. Tabled Issues/Items

- does TIAS start a Birthday Night? Etc. medallions, physical get-together
- should TIAS create a virtual chip?
- ~~Christopher M. will check with Assiniboine Credit Union to see if there is an additional charge to open an account to hold our Prudent Reserve~~
- Group Conscience item: Change Tradition 7 to 45/45/10: MB General Svc/MB Central Office/St. Vital Group in that order
- Group Conscience item: do we lock the zoom room after one hour of fellowship? ie. AA meeting from 930a – 1030a, fellowship from 1030a – 1130a, lock the room @ 1130a AND, AA meeting from 730p – 830p, fellowship from 830p – 930p, lock the room @ 930p
- ~~first Tradition 7 contribution to happen March 15/24 via e-Transfer~~
- Christopher M. finished a logo for TIAS; discuss on future committee meeting if we want to add to TIAS web page

Next Meeting: May 19/24, 11am, TIAS Zoom room

There Is A Solution Committee Meeting Minutes March 17, 2024 – 11am on Zoom

Attendance:

Absent:

Jeff H. – Chair

Steve U. – Member at Large, Regrets

Kelly T. – Secretary

Christopher M. – Treasurer, No regrets

Corinne P. – Intergroup Rep

Patrick D. – Tech Rep

Vacant – Member at Large

1. Opening Remarks

- Jeff H. opened the meeting with the Serenity Prayer @ 11:05am.

2. Review and Acceptance of Minutes

- Jeff H. motioned to accept the minutes as written; 2nd by Patrick D., minutes accepted as written

3, Chair Report

- been keeping on top of emails
- aamanitoba.org had a problem with listing online meetings
- TIAS confirmed our meeting link is working
- it maybe that the AA Meeting App is unstable periodically??

4. Secretary Report

- concerns about fellowship in the zoom room following meetings
 - currently the Chair passes the host key onto someone else
 - misogyny?? AA member can outline the incident in an email and sent to the TIAS committee – thereisasolutioncommittee@gmail.com
- Ron Pratt AA Web Update Team texted me (Kelly secretary); Ron's cell is 204-299-3554
 - does TIAS have a mailing address?
 - we will use the current secretary's address for now
 - which district should TIAS be listed in? leave blank if we can, if not choose District 7

https://aamanitoba.org/meetings/there-is-a-solution?tsml-day=any&tsml-attendance_option=online

- emailed Area 80 GSR asking if <https://aa-intergroup.org/meetings/> is affiliated with AA.org
 - yes, the current Area 80 GSR believes this website is affiliated with AA.org

online intergroup AA has a website
<https://aa-intergroup.org/>

<https://aa-intergroup.org/submit-meeting/>

- does TIAS want to be affiliated with Online Intergroup AA?
 - No

PRIMARY CONTACT

NAME: _____

ADDRESS: _____ CITY/TOWN: _____

STATE/PROVINCE: MB POSTAL CODE: _____ COUNTRY Canada

EMAIL: _____ PHONE: _____

GENERAL SERVICE REPRESENTATIVE (G.S.R.) – Your Group’s Link to A.A. as a whole https://www.aa.org/assets/en_US/p-19_gsr.pdf

“The G.S.R.s of the U.S. and Canada are the very foundation of our general service structure. Through the G.S.R., you can make your group’s voice heard at district meetings, at area assemblies, and eventually at the General Service Conference.

GSR Alt. GSR Mail Contact

To opt in to be mailed a print version of the Group Handbook please check:

- Digital Group Handbook: <https://www.aa.org/contents-group-handbook-list>
- To sign up for digital delivery of Box 4-5-9 at no charge visit: <https://www.aa.org/box-459>

RETURN FORM TO		
GSO Postal Mail General Service Office Grand Central Station P.O. Box 459 New York, NY 10163	GSO Email memberservices@aa.org	Locally Email your Area Registrar List of Area Websites on aa.org


5. Treasurer’s Report

- Christopher M. absent without regrets
- Jeff H. – Chair will contact Christopher M.

- Bank balance as of Mar. 17/24 is

My Accounts

Chequing

 Community Builder 110019166054	Current balance \$1,147.40	Available balance \$1,147.40	<input type="button" value="+"/> <input type="button" value=">"/>
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- no expenditures this month

- in Treasurer’s absence, Kelly T. will complete the e-Transfer of Tradition 7 to the 2 arms of service: AA Manitoba Central Office and AA Manitoba General Service
- \$295.00 per arm of service e-transferred on March 17, 2024

(Excerpt from TIAS Jan 2024 Group Conscience)

6. Intergroup Report

"Funds beyond our prudent reserve (annual costs of running the group plus 10%, no less than \$550.00 for prudent reserve) be split equally (50%) and be donated to Manitoba General Service and Central Office quarterly on the 15th (March/June/September/December) via an e-transfer."

- Corinne P. Jan 2024 Intergroup Meeting talked about online worldwide Intergroup Meeting;
- Kelly T. getting our group registered with NY GSO so we can send Tradition 7
- check aamanitoba.org for service opportunities
- issue of AA Central Office receiving CERB

during Covid-19 was discussed during monthly Intergroup meeting;

Service Opportunity

Grapevine Representatives are the link between AA Grapevine and the groups. It's a fun way to get involved! All you have to do is announce the latest issue at your meeting, let people know how they can participate by sending in stories, or jokes. It's easy to get started. Simply let your homegroup know that you are interested. Register with us online and you will receive a complete information kit from the Grapevine office.

If you would like to mail or fax your registration, you may [download the form here](#).

<https://www.aagrapevine.org/get-involved/become-grapevine-rep>

7. Tech Rep Report

- Patrick advised that the website is up-to-date
- Patrick will update all documents on TIAS Google drive at the beginning of the month

- Minutes be sent in a word document format to the Tech Rep

8. Member-at-Large Report

- absent with regrets

9. Closing the Meeting

- Jeff H. motioned we close the meeting at 12:20pm; 2nd by Corinne P.; Jeff H. closed the meeting with the Pirate's Prayer

10. Tabled Issues/Items

- does TIAS start a Birthday Night? Etc. medallions, physical get-together
- should TIAS create a virtual chip?
- Christine T. to create a logo for TIAS; Christopher M. has been sketching out something he will share with Christine T.
- Christopher M. will check with Assiniboine Credit Union to see if there is an additional charge to open an account to hold our Prudent Reserve

- Group Conscience item: Change Tradition 7 to 45/45/10: MB General Svc/MB Central Office/St. Vital Group in that order
- Group Conscience item: do we lock the zoom room after one hour of fellowship? ie. AA meeting from 930a – 1030a, fellowship from 1030a – 1130a, lock the room @ 1130a AND, AA meeting from 730p – 830p, fellowship from 830p – 930p, lock the room @ 930p

- first Tradition 7 contribution to happen March 15/24 via e-Transfer
- Christopher M. finished a logo for TIAS; discuss on future committee meeting if we want to add to TIAS web page

Next Meeting: Apr. 21/24, 11am, TIAS Zoom room

There Is A Solution

Committee Meeting Minutes

February 18, 2024 – 11am on Zoom

Attendance:

Jeff H. – Chair

Kelly T. – Secretary Christopher M. – Treasurer Corinne P. – Intergroup Rep

1. Opening Remarks

There Is A Solution Committee Meeting Minutes February 18, 2024 – 11am on Zoom

Absent:

Patrick D. – Tech Rep

Steve U. – Member at Large

2nd Member at Large – Vacant until Dec/2024 Elec.

- Jeff H. opened the meeting with the Serenity Prayer @ 11:05am.

2. Review and Acceptance of Minutes

- Jeff H. motioned to accept the minutes as written; 2nd by Kelly T., minutes accepted as written

3, Chair Report

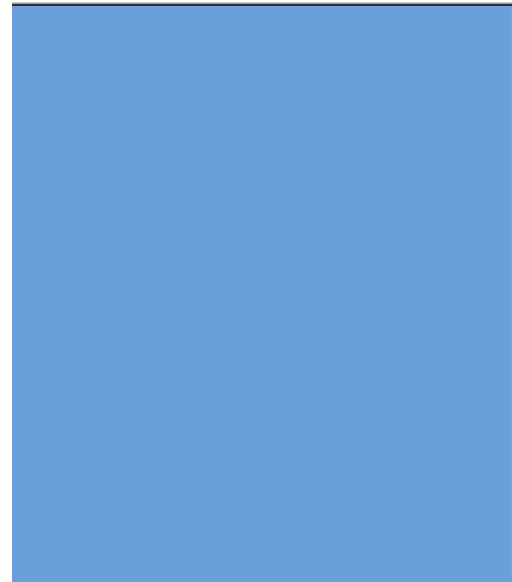
- - Jeff H. has read emails in our Gmail account
- - a newcomer wants TIAS to prove his AA meeting attendance to his employer; Kelly T. responded and newcomer provided employer contact info; newcomer is to ask meeting host to email thereisasolutioncommittee@gmail.com advising he attended; Kelly T. to notify employer of newcomer's attendance
- - Kelly T. to email hosts notifying them of this newcomer and the process
- - Meeting script needs to be amended –

4. Secretary Report

- nothing to report

5. Treasurer's Report

- Bank balance as of Feb.18/24 is \$907.40
TIAS Minutes February 18, 2024 Page 1 of 2



#5 "Anyone requiring proof of attendance at this meeting, please keep your camera on the



entire meeting and send a private chat message to the host with contact details or stay behind



following the meeting."

"Funds beyond our prudent reserve (annual costs of running the group plus 10%, no less than \$550.00 for prudent reserve) be split equally (50%) and be donated to Manitoba General Service and Central Office quarterly on the 15th (March/June/September/December) via an e-transfer."

- - no expenditures this month

- - Christopher M. will check with Assiniboine Credit Union to see if there is an additional charge to open an account to hold our Prudent Reserve

- Christopher M. to share the logo he designed;

6. Intergroup Report

- Corinne P. Jan 2024 Intergroup Meeting talked about online worldwide Intergroup Meeting;

- online intergroup AA has a website

<https://aa-intergroup.org/>

<https://aa-intergroup.org/submit-meeting/>

- - Kelly T. to contact aa.org to see if AA is affiliated with aa-intergroup.org?
- - does TIAS want to be affiliated with Online Intergroup AA?; Kelly T. to look into
- - Keystone Conference looking for committee members for 2025 conference;
- - Grapevine Reps are needed; 3 months of sobriety required;

<https://www.aagrapevine.org/get-involved/become-grapevine-rep>

- Gratitude Day is March 2nd, Maples Community Centre;

TIAS Minutes February 18, 2024 Page 2 of 2



Service Opportunity

Grapevine Representatives are the link between AA Grapevine and the groups. It's a fun way to get involved! All you have to do is announce the latest issue at your meeting, let people know how they can participate by sending in stories, or jokes. It's easy to get started. Simply let your homegroup know that you are interested. Register with us online and you will receive a complete information kit from the Grapevine office.

If you would like to mail or fax your registration, you may [download the form here](#).



7. Tech Rep Report

- absent

8. Member-at-Large Report

- absent

9. Closing the Meeting

- Jeff H. motioned we close the meeting at 11:39am; 2nd by Corinne P.; Jeff H. closed the meeting with the Lord's Prayer

10. Tabled Issues/Items

- Group Conscience item: Change Tradition 7 to 45/45/10: MB General Svc/MB Central Office/St. Vital Group in that order

- Group Conscience item: do we lock the zoom room after one hour of fellowship? ie. AA meeting from 930a – 1030a, fellowship from 1030a – 1130a, lock the room @ 1130a AND, AA meeting from 730p – 830p, fellowship from 830p – 930p, lock the room @ 930p

- - first Tradition 7 contribution to happen March 15/24 via e-Transfer
- - Christopher M. finished a logo for TIAS; discuss on future committee meeting if we want to add to TIAS web page

Next Meeting: Mar. 17/24, 11am, TIAS Zoom room

-
- does TIAS start a Birthday Night? Etc. medallions, physical get-together
 - should TIAS create a virtual chip?
 - Christine T. to create a logo for TIAS; Christopher M. has been sketching out something he will share with Christine T.

TIAS Minutes February 18, 2024 Page 3 of 2

There Is A Solution Committee Meeting Minutes

January 21, 2024 – 11am on Zoom

Attendance:

Kelly T. – Secretary Christopher M. – Treasurer Patrick D. – Tech Rep Corinne P. – Intergroup Rep Steve U. – Member at Large

1. Opening Remarks

There Is A Solution Committee Meeting Minutes January 21, 2024 – 11am on Zoom

Absent:

Jeff H. – Chair

- Patrick D. (acting as Chair) opened the meeting with the Serenity Prayer @ 11:05am.

2. Review and Acceptance of Minutes

- Corinne P. motioned to accept the minutes as written; 2nd by Patrick D., minutes accepted as written

3, Chair Report

- - Jeff H. gave regrets
- - Patrick D. (acting Chair) advised TIAS needs to fill a Member-at-Large position; do we announce the opportunity at the end of our regular closed meetings?
- - committee decided we would let the role remain vacant until our December 2024 election
- - Steve U. will be our first speaker this Friday, Jan. 26/24, 7:30pm

4. Secretary Report

- Group Conscience completed yesterday
- we will add a speaker meeting last Friday, 7:30pm/month on the schedule
- we will donate 50/50 of our Tradition 7 over and above our Prudent Reserve to MB

General Service and MB Central Office 50/50 quarterly on the 15th of March, June, September, December

- we will add a link on thereisasolution.ca website to the Mobile Meeting App

5. Treasurer's Report

- Bank balance is \$647.40

TIAS Minutes January 21, 2024 Page 1 of 2

-
- - no expenditures this month
 - - Christopher M. will check with Assiniboine Credit Union to see if there is an additional charge to open an account to hold our Prudent Reserve

6. Intergroup Report

- - does TIAS want to be affiliated with Online Intergroup AA?; Corinne will check into
- - Gratitude Day is March 2nd, Maples Community Centre; no poster for the event as of yet
- - Information Session for Intergroup Reps is being considered; more information to come

7. Tech Rep Report

- website is running smoothly; it is up to date; link to meeting app is added per Group Conscience motion
- updates to add the speaker meeting to the schedule on TIAS website will be done after we work out some details

8. Member-at-Large Report

- Steve U. asked when are we starting with the speaker meeting on the schedule; Member-at-Large will be recruiting the speakers

9. Closing the Meeting

- Steve U. motioned we close the meeting at 11:39am; 2nd by Corinne P.; Patrick D. closed the meeting with the Lord's Prayer

10. Tabled Issues/Items

- next Group Conscience item: Change Tradition 7 to 45/45/10: MB General Svc/MB Central Office/St. Vital Group in that order
- first Tradition 7 contribution to happen March 15/24 via e-Transfer

Next Meeting: Feb. 18/24, 11am, TIAS Zoom room

-
- does TIAS start a Birthday Night? Etc. medallions, physical get-together
 - should TIAS create a virtual chip?
 - Christine T. to create a logo for TIAS; Christopher M. has been sketching out something he will share with Christine T.

There Is A Solution
First Group Conscience Minutes January 20, 2024 on Zoom

Attendance:

Patrick D. – Acting Chair Kelly T. – Secretary
Corinne P. – Intergroup Rep (Patrick D. – Tech Rep) Christine T. – Member at Large Steve U.
– Member at Large

1. Opening Remarks

There Is A Solution
First Group Conscience Minutes January 20, 2024 on Zoom

Absent:

Jeff H. – Chair
Christopher M. – Treasurer

- - Patrick D. opened the meeting with prayer @ 9:35am
- - Steve U. read the Twelve Traditions

2. Group Conscience Process

- - Patrick D. and Michelle R. will be counting the votes
- - votes to be counted: for, against, abstain
- - majority rules on the votes
- - if we don't resolve any or all of the three items, then the unresolved item

3. Group Conscience Items

1. a) Corrine P. motioned:
“There Is A Solution add the AA Meeting Mobile App to There Is A Solution website.”
2nd by Kurt B.
 - - votes: 13 for/ 0 opposed/ 0 abstained
 - - motion passed
2. b) Kelly T. motioned:
“There Is A Solution adopts a speaker meeting to take place on the last Friday of every month at 7:30pm and the speaker have a minimum of one year of sobriety.”
2nd by Michelle R.
 - TIAS committee member “Member at Large” will be responsible for recruiting the speaker
 - speaker can share for 30-45 minutes and if there is time, the meeting can be

- opened up for sharing
- votes: 12 for/ 0 opposed/ 1 abstained
- motion passed

TIAS Minutes January 20, 2024 Page 1 of 3

c) Kelly T. motioned:

- we have tried to obtain a donation # from NY GSO, but NY hasn't replied to phone calls and emails from TIAS Secretary
- votes: 11 for/ 0 opposed/ 1 abstaining
- motion passed

4. d) Bella motioned:

"That There Is A Solution keep the zoom room open for 24 hours/365 days a year." 2nd by Alison W.

- what open means is that anyone can access our zoom room at any time; will there be a chair in the meeting room at all times?
- Bella responded with yes
- significant commitment of time
- maybe we have another meeting time added to our schedule vs opening the room for 24 hours
- if we promote TIAS as a 24/7 zoom room, how do we ensure that we are carrying the AA message 24/7?
- votes: 2 for/ 8 opposed/ 4 abstaining
- motion not carried

5. e) Manny M. motioned:

"TIAS motioned to add a 6pm meeting, 7 days/week in our zoom room." 2nd by Bella

- Bella willing to donate her time
- members concerned about attendance at 6pm as past in person meetings have shown low attendance at 6pm meetings
- votes: 4 for/ 8 opposed/ 2 abstaining
- motion not carried

"Funds beyond our prudent reserve (annual costs of running the group plus 10%, no less than \$550.00 for prudent reserve) be split equally (50%) and be donated to Manitoba General Service and Central Office quarterly on the 15th (March/June/September/December) via an e-transfer."

TIAS Minutes January 20, 2024 Page 2 of 3

4. Closing the Meeting

- Kurt B. motioned to close the meeting at 10:30am; 2nd by Jared - votes: 9 for/ 0 opposed/ 0 abstaining
- motion passed
- Patrick D. closed the meeting with the Lord's Prayer

**There Is A Solution
Committee Meeting Minutes
December 17, 2023 11am on Zoom**

Attendance:

Jeff H. – Chair
Kelly T. – Secretary
Christopher M. – Treasurer
Corinne P. – Intergroup Rep
Patrick D. – Tech Rep
Christine T. – Member at Large
Steve U. – Member at Large

Absent:

1. Opening Remarks

- Chair opened the meeting with prayer @ 11:06am

2. Review and Acceptance of Minutes

- motioned to accept the minutes as written; Corinne P. 2nd, minutes accepted as written

3. Chair Report

- Jeff stated that he hasn't seen any comments/feedback from members regarding our upcoming Group Conscience
- Jeff paid \$226.00 for 2024 Zoom membership; he has been reimbursed
- Patrick to Chair the Jan. 20/24 Group Conscience as Jeff H. will be out of the country;

4. Secretary Report

- Kelly T. to update Tech Rep Position/Secretary descriptions
- Kelly T. to give Patrick D. the zoom account user id/password info

5. Treasurer's Report

- Christopher M. reported that the current balance of our Assiniboine Credit Union account as of today - \$522.40
- Christopher M. to inquire with ACU as to how to open a savings account to hold our Prudent Reserve
- JR of St. Vital Group has sent out a plea for Grapevine Issues or other literature

6. Intergroup Report

- Corinne P. unsure what her role as Intergroup Rep entails
- Corinne will make sure she forwards Central Office minutes to the Tech Rep.
- Tech Rep will add an Intergroup Tab on thereisasolution.ca site which will contain the minutes from Central Office
- Corinne forwarded the AA literature budget increase proposal – a 5% increase was approved;

7. Tech Rep Report

- Patrick advised he is continuing to update the website
- he will add an Intergroup Tab to thereisasolution.ca
- Patrick will also add a link to aamanitoba.org
- Patrick D. motioned to have the Tech Rep/Secretary Rep descriptions amended so that the Gmail account is handled by the Secretary; 2nd by Jeff H.; motion carried

8. Members-at-Large Report

- Steve U. advised he has nothing to report
- Christine T. advised she has nothing to report

9. Tabled Issues/Items

- does TIAS start a Birthday Night? Etc. medallions, physical get-together
- should TIAS create a virtual chip?
- Christine T. to create a logo for TIAS; Christopher M. has been sketching out something he will share with Christine T.
- who is Canadian Grain? ie. See email to thereisasolution@gmail.com

Next Group Conscience:

1. Themes for meetings:

- currently TIAS does Tradition meeting on 1st Monday of every month
- speaker meeting last Friday of the month 730p?

2. Links to AA Approved resources:

- AA Meeting Mobile App

3. Tradition 7

- prudent reserve holds enough \$\$ for annual costs + 10%: wix, zoom, domain: Total = \$25, \$250, \$226; prudent reserve should be no less than \$550

- monthly transfer of \$45 to Prudent Reserve (if TIAS opens a 2nd account to hold the Prudent Reserve)

- 50% to Central Office and 50% to Manitoba General Service via e-Transfer; paid quarterly on the 15th of the month (March/June/Sept/December)

10. Closing the Meeting

- Jeff H. closed the meeting at 1:05pm with the Serenity Prayer

Next Meeting: January 20/24, on Zoom, 930am – Group Conscience

January 21/24, on Zoom, 11am – Committee Meeting

Committee Manual

- discretionary spending to be raised at Group Conscience; buying literature, subscriptions

TIAS Election Meeting

Saturday, November 11, 2023

Committee Members Present:

Jeff H. – Chair

Kelly T. – Secretary Christopher M. – Treasurer Corinne P. – Intergroup Rep Christine T. – Member-at-Large

Total meeting participants: 20, including the committee members

Steve U. opened the meeting @ 930am with the Serenity Prayer. Members read the Preamble, How it Works and the 12 Steps. Steve U. read the 12 Traditions.

Chair: Jeff H.

Steve U.: waiting room Christine T.: counting the votes

Election of Chair Position

Kurt B. nominated Jeff H.; Amy 2nd the nomination; Jeff H. accepted
Kelly T. nominated Kurt B.; Amy 2nd the nomination; Kurt B. declined
Christine T. nominated Kelly T.; Michelle R. 2nd the nomination; Kelly T. declined

Jeff H. re-elected as Chair by acclamation

Election of Secretary Position

Kurt B. nominated Kelly T.; Corinne P. 2nd the nomination

Kelly T. re-elected as Secretary by acclamation

Election of Intergroup Rep Position

Christine T. nominated Corinne P.;
Kelly T. nominated Don B.; Alison W. 2nd the nomination; Don B. declined Christine T.
nominated Michelle R.; Jeff H. 2nd the nomination; Michelle R. declined

Corinne P. re-elected as Intergroup Rep by acclamation

Election of Tech Rep

Kurt B., nominated Patrick D.; 2nd by Steve U.
Nov. 11-23 TIAS Committee Election Page 1 of 2

Alison W., nominated Steve U.; 2nd by Jeff H.; Steve U. declined

Patrick D. elected by acclamation.

Election of Member-at-Large – 2 Positions

Christine T. nominated Kelsey; 2nd by Jeff H.;

Patrick D. nominated Christine T.; 2nd by Michelle R.; elected

Alison W. nominated Bob U.; 2nd by Steve U.; Bob U. declined Kurt B. nominated Manny M.; 2nd by Alison W.;

Kurt B. nominated Steve U.; 2nd by Alison W.; elected

Don B. nominated Alison W.; 2nd Kurt B.; declined

Next committee meeting: Sunday, November 19/23 @ 11am, following the Sunday Big Book Meeting

There Is A Solution Committee Meeting Minutes

October 15, 2023 – 11am on Zoom

Attendance:

Jeff H. – Chair

Kelly T. – Secretary

Corinne P. – Intergroup Rep Christine T. – Member at Large Christopher M. – Treasurer

1. Opening Remarks – Jeff H.

Absent:
Tech Rep - Vacant

There Is A Solution Committee Meeting Minutes October 15, 2023 – 11am on Zoom

- Chair opened the meeting with the Serenity Prayer

2. Review and Acceptance of Minutes

- Jeff H. motioned to accept the minutes as written; Corinne P. 2nd, minutes accepted as written

3, Chair Report – Jeff H.

- - JH keeps getting emails from GoDaddy; he will unsubscribe from their list
- - JH keeps getting AWS Tier Limit emails
- - Kelly T. motioned we purchase a 2-year membership with Wix.com for hosting thereisasolution.ca site; 2nd by Corinne P.; motion carried

- Patrick D. purchased the membership on his credit card; Christopher M. to reimburse Patrick D. via e-Transfer; invoice in TIAS Google Drive

- Patrick D. offered to give a tutorial on our new website; Christine T. will follow up with Patrick to arrange date

4. Secretary Report – Kelly T.

- - Committee Manual is in progress
- - Kelly has been keeping the current chairs apprised of the closed meeting script and any announcements

- Kelly T. will contact AA Manitoba and have them update our web link to thereisasolution.ca;

- Kelly to contact Amazon Web Services to notify them that Greg V. has passed away

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5. Treasurer's Report – Christopher M.

- - Christopher M. to e-Transfer Patrick D. \$264.40 for wix.com invoice
- - current balance \$420.00 in the TIAS Assiniboine Credit Union account

6. Intergroup Report – Corinne P.

- Wpg Intergroup Committee is having elections; 9 positions available; all info can be found on aamanitoba.org

- - WIA review is underway
- - Disaster Plan committee is headed up by one of the reps from Oakbank Group; if we have another pandemic, make sure every group is following traditions

7. Tech Rep Report

- Tech Rep position is vacant

8. Member-at-Large Report – Christine T. (one position vacant)

- - TIAS is doing service @ HSC, 1st Thursday of each month, 8pm
- - TIAS is doing service @ AFM, 2nd Tuesday and 3rd Wednesday of each month @ 6pm
- - Christine T. is doing AFM 2nd Tuesday meeting alone and it is a large group; she would prefer someone join her; Michelle R. will join Christine T. starting Nov. 14th

Wix.com LTD
Yunitsman 5 Tel Aviv
Israel
GST ID : 799514302RT0001

Issued to:
Patrick Devlin
27 clarendon rd Winnipeg
Manitoba Canada

Invoice #1080424547 | Oct 14, 2023 | Paid

Description	Site	Billing Period	Quantity	Amount
Premium plan Core	There Is A Solution	2 Year Oct 14, 2023 - Oct 14, 2025	1	CAD504.00

Payment Method: Visa ****3027

Coupon discount	-CAD252.00
Subtotal	CAD252.00
GST (5%)	CAD12.60
Total	CAD264.60

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- Christopher M. will collaborate with Christine T. on the TIAS logo

9. Tabled Issues/Items

- - having themes for meetings
- - TIAS to decide on what service opportunities we will commit to, ie. TAS, HSC, AFM, etc.
- - Links on TIAS website to youtube.com AA speakers?
- - does TIAS start a Birthday Night? Etc. medallions, physical get-together
- - Tradition 7 to purchase a Grapevine subscription to donate to AFM, prisons, etc.?
- - Elections, set next date, approximately November 2023
- - should TIAS create a virtual chip?
- - contact AA Manitoba to update the website link to thereisasolution.ca
- - what will we do with our Tradition 7? ie. How much to MB Central Office, etc.
- - cover our costs to run the group and then decide on what to do with the balance
- - in future, a group conscience will decide how much Tradition 7 will be given to the arms of service
 - - Christine T. to create a logo for TIAS
 - - since NY GSO hasn't replied to Kelly's Aug. 20/23 email, Kelly to phone NY GSO to inquire about setting up an account for Tradition 7

10. Closing the Meeting

- Christine T. closed the meeting with the Acceptance Prayer @ 11:50 am

Next Meeting: November 19, 2023, Zoom, 11am